Edgar Filing: CAPITAL GOLD CORP - Form 4

CAPITAL GOLD C	ORP							
Form 4								
January 22, 2009						PPROVAL		
t	INITED STATES		AND EXCHANGE , D.C. 20549	COMMISSION	OMB Number:	3235-0287		
Washington, D.C. 20549Number:Check this box if no longer subject to Section 16.STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIESExpires:Stratement of Section 16. Form 4 or Form 5 								
(Print or Type Responses)							
1. Name and Address of DIETERLE GIFFO	· ·	Symbol	I Ticker or Trading D CORP [cgld.ob]	5. Relationship of Reporting Person(s) to Issuer				
(Last) (Firs	t) (Middle)	3. Date of Earliest T	ransaction	(Check all applicable)				
76 BEAVER STRE FLOOR	ET, 14TH	(Month/Day/Year) 01/20/2009		X Director 10% Owner X Officer (give title Other (specify below) below) Chairman, Pres, Treas				
(Stree	et)	4. If Amendment, Day/Yea	-	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
NEW YORK, NY 1	0005			Person	fore than One Ke	eporung		
(City) (State	e) (Zip)	Table I - Non-I	Derivative Securities A	cquired, Disposed of	f, or Beneficial	lly Owned		
1.Title of 2. Transa Security (Month/E (Instr. 3)	ction Date 2A. Deem Day/Year) Execution any (Month/D	Date, if Transactio Code	4. Securities nAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price	SecuritiesFBeneficially(Owned(5. Ownership Form: Direct D) or Indirect I) Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Report on a se	eparate line for each c	ass of securities benef	ficially owned directly of	or indirectly.				
			Persons who res information cont required to respo	pond to the collec ained in this form ond unless the forn ntly valid OMB con	are not n	EC 1474 (9-02)		

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securitie
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr.	8)	Acquired (A Disposed o (Instr. 3, 4, 5)	f (D)				
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou Numb Shares
Stock Options	\$ 0.49	01/20/2009		А		500,000		01/20/2009(1)	01/20/2014	Common Stock	500,0

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
DIETERLE GIFFORD A 76 BEAVER STREET 14TH FLOOR NEW YORK, NY 10005	Х		Chairman, Pres, Treas				

Signatures

Gifford A. 01/22/2009 Dieterle Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) One-third vested immediately and the balance best one-third annually thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.