Edgar Filing: AMS HEALTH SCIENCES INC - Form 4

AMS HEAI Form 4	LTH SCIENCES	INC										
April 11, 20	06											
FORM	ЛД									MB A	PPROVAL	L
Check th	UNITED	STATES		RITIES A			NGE	COMMISSIO	N OMB Numb	ber:	3235-0	
if no lon subject t Section Form 4	so STATEN 16.	MENT O	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							xpires: January 31, 2005 stimated average urden hours per esponse 0.5		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type	Responses)											
				2. Issuer Name and Ticker or Trading Symbol AMS HEALTH SCIENCES INC [AMM]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 711 NE 39TH STREET			3. Date of Earliest Transaction(Month/Day/Year)04/01/2006				X Director 10% Owner X Officer (give title Other (specify below) below) VP, Secretary, Treas. and CFO					
				4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
OKLAHON	MA CITY, OK 73	3105						Person	More than	One R	eporting	
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secur	rities Ac	cquired, Disposed	of, or Ben	eficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	Date, if	3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3, 4	(A) or of (D) 4 and 2 (A) or	r) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Owner Form: Dir (D) or Ind (I) (Instr. 4)	rect	7. Nature o Indirect Beneficial Ownership (Instr. 4)	l
Reminder: Re	port on a separate lin	e for each cl	ass of sec	urities benet	ficially ow	ned di	rectly o	r indirectly				
	,			c chief	-		-	pond to the colle	ection of	ç	SEC 1474	

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A Disposed of (Instr. 3, 4, 5)	f (D)				
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount Number Shares
Employee Stock Option (Right to Buy)	\$ 0.64	04/01/2006		A	150,000		<u>(1)</u>	04/01/2016	Common Stock	150,00

Reporting Owners

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
JACOB ROBIN 711 NE 39TH STREET OKLAHOMA CITY, OK 73105	X		VP, Secretary, Treas. and CFO	
Signatures				
ROBIN JACOB 04/	11/2006			

**Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest in five equal annual installments beginning April 1, 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.