#### CAL MAINE FOODS INC

Form 4

October 27, 2004

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB

Expires:

3235-0287 Number: January 31,

**OMB APPROVAL** 

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * RAINES B J			2. Issuer Name and Ticker or Trading Symbol CAL MAINE FOODS INC [CALM]					5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)			
(Last)	(First) OODS, PO BOX	(Middle)	3. Date of (Month/D 10/25/20	•	ansaction			_X_ Director _X_ Officer (give	10%	Owner	
0,0 0.1110	10/23/2004					below) below) VP, CFO, Secretary					
	(Street)			ndment, Da	U	l		6. Individual or Jo	oint/Group Filin	g(Check	
JACKSON,	Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(C:t-v)	(Ctata)	(7in)									
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative (	Secur	ities Acq	uired, Disposed of	i, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	Execution any	med on Date, if Day/Year)	3. Transaction Code (Instr. 8)	4. Securion(A) or Di (Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	10/25/2004			S	5,000 (1)	D	\$ 10.57	98,480 (2)	D		
Common Stock								28,332	I	By ESOP	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/Day/Year) vative urities uired or cosed D) v. 3,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option (right to buy)	\$ 1.5					12/13/2000(3)	12/13/2009	Common Stock	16,000
Stock appreciation right	\$ 1.5					12/13/2000(3)	12/13/2009	Common Stock	16,000

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
RAINES B J C/O CM FOODS PO BOX 2960 JACKSON, MS 39207	X		VP, CFO, Secretary				

### **Signatures**

Arden T. Phillips, attorney-in-fact

10/25/2004

\*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale of these shares was effectuated in connection with a Rule 10b5-1 plan under which the reporting person will sell 5,000 shares at the market price at a pre-determined time on a monthly basis.
- (2) This amount includes 55,000 shares held in the reporting person's IRA account.
- The stock option and stock appreciation right become exercisable to the extent of 20% on the above date and is cumulatively exercisable (3) to the extent of 20% each year thereafter. The stock appreciation right and the stock option were granted in tandem. Accordingly, the exercise of the one results in the expiration of the other, if and to the extent the other is not exercised.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2