INGLES MARKETS INC Form SC 13G/A February 16, 2010

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SCHEDULE 13G
Amendment No. 2
INGLES MARKETS INC
Class A Common Stock
Cusip #457030104
Cusip #457030104
Item 1: Reporting Person - FMR LLC
Item 4: Delaware
Item 5: 0
Item 6: 0
Item 7: 1,928,791
Item 8: 0
Item 9: 1,928,791
Item 11: 14.965%
Item 12:
Cusip #457030104
Item 1: Reporting Person - Edward C. Johnson 3d
Item 4: United States of America
Item 5: 0
Item 6: 0
Item 7: 1,928,791
Item 8: 0
Item 9: 1,928,791
SCHEDULE 13G - TO BE INCLUDED IN
STATEMENTS
       FILED PURSUANT TO RULE 13d-1(b) or 13d-2(b)
Item 1(a).
              Name of Issuer:
               INGLES MARKETS INC
Item 1(b).
               Name of Issuer's Principal Executive Offices:
               PO Box 6676
               Asheville, North Carolina 28816
               USA
Item 2(a).
               Name of Person Filing:
               FMR LLC
Item 2(b).
               Address or Principal Business Office or, if None,
Residence:
               82 Devonshire Street, Boston,
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Massachusetts 02109

Item 2(c). Citizenship:

Not applicable

Item 2(d). Title of Class of Securities:

Class A Common Stock

Item 2(e). CUSIP Number:

457030104

Item 3. This statement is filed pursuant to Rule 13d-1(b) or 13d-2(b) and the person filing, FMR LLC, is a parent holding company in accordance with Section 240.13d-1(b) (ii) (G). (Note: See Item 7).

Item 4. Ownership

- (a) Amount Beneficially Owned: 1,928,791
- (b) Percent of Class: 14.965%
- $\hspace{1.5cm} \hbox{(c)} \hspace{1.5cm} \hbox{Number of shares as to which such } \\ \hbox{person has:} \\$
- (i) sole power to vote or to direct the vote: 0
- $\hspace{1.5cm} \mbox{(ii)} \hspace{0.5cm} \mbox{shared power to vote or to} \\ \mbox{direct the vote:} \hspace{0.5cm} \mbox{0}$
- (iii) sole power to dispose or to direct the disposition of: 1,928,791
- (iv) shared power to dispose or to direct the disposition of: $\ensuremath{\text{0}}$

Item 5. Ownership of Five Percent or Less of a Class.

Not applicable.

Item 6. Ownership of More than Five Percent on Behalf of Another Person.

Various persons have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of, the Class A Common Stock of INGLES MARKETS
INC. The interest of one person, Fidelity Low-Priced Stock
Fund, an investment company registered under the Investment
Company Act of 1940, in the Class A Common Stock of
INGLES MARKETS INC, amounted to 729,860 shares or
5.663% of the total outstanding Class A Common Stock at
December 31, 2009. The interest of one person, Fidelity Small
Cap Value Fund, an investment company registered under the
Investment Company Act of 1940, in the Class A Common
Stock of INGLES MARKETS INC, amounted to 838,531
shares or 6.506% of the total outstanding Class A Common

Stock at December 31, 2009.

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on By the Parent Holding Company.

See attached Exhibit A.

Item 8. Identification and Classification of Members of the Group.

Not applicable. See attached Exhibit A.

Item 9. Notice of Dissolution of Group.

Not applicable.

Item 10. Certification.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired in the ordinary course of business and were not acquired for the purpose of and do not have the effect of changing or influencing the control of the issuer of such securities and were not acquired in connection with or as a participant in any transaction having such purpose or effect.

Signature

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

February 12, 2010 Date

/s/ Scott C. Goebel Signature

Scott C. Goebel
Duly authorized under Power of Attorney
effective as of June 1, 2008 by and on behalf of FMR LLC
and its direct and indirect subsidiaries

SCHEDULE 13G - TO BE INCLUDED IN STATEMENTS

FILED PURSUANT TO RULE 13d-1(b) or 13d-2(b)

Pursuant to the instructions in Item 7 of Schedule 13G, Fidelity Management & Research Company ("Fidelity"), 82 Devonshire Street, Boston, Massachusetts 02109, a wholly-owned subsidiary of FMR LLC and an investment adviser registered under Section 203 of the Investment Advisers Act of 1940, is the beneficial owner of 1,928,791 shares or 14.965% of the Class A Common Stock outstanding of INGLES MARKETS INC ("the Company") as a result of acting as investment adviser to various investment companies registered under Section 8 of the Investment Company Act of 1940.

The ownership of one investment company, Fidelity Low-Priced Stock Fund, amounted to 729,860 shares or 5.663% of the Class A Common Stock outstanding. Fidelity Low-Priced Stock Fund has its principal business office at 82 Devonshire Street, Boston, Massachusetts 02109.

The ownership of one investment company, Fidelity Small Cap Value Fund, amounted to 838,531 shares or 6.506% of the Class A Common Stock outstanding. Fidelity Small Cap Value Fund has its principal business office at 82 Devonshire Street, Boston, Massachusetts 02109.

Edward C. Johnson 3d and FMR LLC, through its control of Fidelity, and the funds each has sole power to dispose of the 1,928,791 shares owned by the Funds.

Members of the family of Edward C. Johnson 3d, Chairman of FMR LLC, are the predominant owners, directly or through trusts, of Series B voting common shares of FMR LLC, representing 49% of the voting power of FMR LLC. The Johnson family group and all other Series B shareholders have entered into a shareholders' voting agreement under which all Series B voting common shares will be voted in accordance with the majority vote of Series B voting common shares. Accordingly, through their ownership of voting common shares and the execution of the shareholders' voting agreement, members of the Johnson family may be deemed, under the Investment Company Act of 1940, to form a controlling group with respect to FMR LLC.

Neither FMR LLC nor Edward C. Johnson 3d, Chairman of FMR LLC, has the sole power to vote or direct the voting of the shares owned directly by the Fidelity Funds, which power resides with the Funds' Boards of Trustees. Fidelity carries out the voting of the shares under written guidelines established by the Funds' Boards of Trustees.

SCHEDULE 13G - TO BE INCLUDED IN STATEMENTS

FILED PURSUANT TO RULE 13d-1(b) or 13d-2(b) RULE 13d-1(f)(1) AGREEMENT

The undersigned persons, on February 12, 2010, agree and consent to the joint filing on their behalf of this Schedule 13G in connection with their beneficial ownership of the Class A Common Stock of INGLES MARKETS INC at December 31, 2009.

FMR LLC

By /s/ Scott C. Goebel Scott C. Goebel

Duly authorized under Power of Attorney effective as of June 1, 2008, by and on behalf of FMR LLC and its direct and indirect subsidiaries $\frac{1}{2}$

Edward C. Johnson 3d

By /s/ Scott C. Goebel

Scott C. Goebel

Duly authorized under Power of Attorney effective as of June 1, 2008, by and on behalf of Edward C. Johnson 3d

Fidelity Management & Research Company

By /s/ Scott C. Goebel Scott C. Goebel Senior V.P. and General Counsel

Fidelity Low-Priced Stock Fund

By /s/ Scott C. Goebel Scott C. Goebel Secretary

Fidelity Small Cap Value Fund

By /s/ Scott C. Goebel Scott C. Goebel Secretary