POST GLEN F III Form 4 May 03, 2005

## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB APPROVAL

Number: 3235-0287

Expires: January 31, 2005
Estimated average

Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

Issuer

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

1(b).

(Print or Type Responses)

POST GLEN F III

1. Name and Address of Reporting Person \*

			CENTURYTEL INC [CTL]						(Check all applicable)		
(Last) (First) (Middle)  100 CENTURYTEL DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 05/03/2005						_X_ Director 10% Owner X Officer (give title Other (specify below)		
				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
							Person				
(City)	(State)	(Zip)	Tab	le I - Non	-D	<b>Derivative</b>	Secur	ities Acq	uired, Disposed o	f, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	r) Execution any	med on Date, if Day/Year)	3. Transact Code (Instr. 8)	)	4. Securit on(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/03/2005			M		99,229	A	\$ 17.64	299,139.64	D	
Common Stock	05/03/2005			S		99,229	D	\$ 31.14	199,910.64	D	
Common Stock									6,674.43	I	By 401(k)
Common Stock									19,829.51	I	By ESOP
Common Stock									5,788.67	I	By PAYSOP

(3)

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Common Stock 49,781.93 I By Stock Bonus Plan  $\frac{(4)}{(4)}$ 

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secu Acqu or D (D)	urities uired (A) isposed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo Num Share
Employee Stock Option (right to buy)	\$ 17.64	05/03/2005		M		99,229	11/22/1995	05/22/2005	Common Stock	99
Employee Stock Option (right to buy)	\$ 13.5						02/24/1997 <u>(5)</u>	02/24/2007	Common Stock	197
Employee Stock Option (right to buy)	\$ 34.63						02/21/2001(6)	02/21/2010	Common Stock	320
Employee Stock Option (right to buy)	\$ 28.03						05/21/2002(7)	05/21/2011	Common Stock	320
Employee Stock Option (right to buy)	\$ 32.99						02/25/2003(8)	02/25/2012	Common Stock	320

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Employee Stock Option (right to buy)	\$ 27.48	02/24/2004 <u>(9)</u>	02/24/2013	Common Stock	320
Employee Stock Option (right to buy)	\$ 28.34	02/25/2004(10)	02/25/2014	Common Stock	160
Employee Stock Option (right to buy)	\$ 33.4	02/17/2005(11)	02/17/2015	Common Stock	200
Phantom Stock Units	\$ 0 <u>(12)</u>	<u>(13)</u>	(13)	Common Stock	15,9

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
POST GLEN F III 100 CENTURYTEL DRIVE MONROE, LA 71203	X		Chairman and CEO				

## **Signatures**

By: Kay C. Buchart, Attorney-In-Fact 05/03/2005

\*\*Signature of Reporting Person Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) As of most recent statement available
- (2) As of most recent statement available.
- (3) As of most recent statement available.
- (4) As of most recent statement available.
- One-third of the Stock Options are exercisable immediately, one-third are exercisable on 2/24/98, and one-third are exercisable on 2/24/99.
- One-third of the Stock Options are exercisable 2/21/2001, one-third are exercisable on 2/21/2002, and one-third are exercisable on 2/21/2003
- (7) One-third of the Stock Options are exercisable 5/21/02, one-third are exercisable 5/21/03, and one-third are exercisable 5/21/04.
- (8) One-third of the Stock Options are exercisable 2/25/03, one-third are exercisable 2/25/04, and one-third are exercisable 2/25/05.

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- (9) One-third of the Stock Options are exercisable 2/24/04, one-third are exercisable 2/24/05, and one-third are exercisable 2/24/06.
- (10) One-third of the options are exercisable immediately, one-third are exercisable 2/25/05, and one-third are exercisable 2/25/06.
- (11) One-third of the options are exercisable immediately, one-third are exercisable 2/17/06, and one-third are exercisable 2/17/07.
- (12) Security converts on a 1-to-1 basis.
- (13) The reported phantom stock units were acquired under CTE's excess benefit plan and will be settled upon the reporting person's termination of service.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.