## Edgar Filing: McAllister Michael Gerard - Form 4

McAllister M Form 4 July 28, 201	Michael Gerard 7										
FORM 4											
Check this box									OMB Number:	3235-0287 January 31,	
if no lon subject t Section Form 4 c	F CHANGES IN BENEFICIAL OWN SECURITIES					ERSHIP OF	Expires: Estimated a burden hour response	2005 average irs per			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
McAllister Michael Gerard Symbol				er Name and Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (1	Middle)	3. Date of Earliest Transaction				(Checl	ek all applicable)			
			(Month/Day/Year) 07/27/2017					Director 10% Owner X Officer (give title Other (specify below) EVP & COO			
				nendment, Date Original Ionth/Day/Year)				<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>			
	Z, A0 T2P 2S5							Person	ore than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	Derivative S	Securi	ties Acqu	iired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)			n Date, if	3.4. Securities AcquiredTransactior(A) or Disposed of (D)Code(Instr. 3, 4 and 5)(Instr. 8)				Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)		
Common Shares	07/27/2017			М	73,315	А	\$ 4.15 (1)	90,337	D		
Common Shares	07/27/2017			D	73,315	D	\$ 10.31 (1)	17,022	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	orDeriv Secur Acqui	ities ired (A) sposed of . 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Nun of Si
Options (Tandem Stock Appreciation)	\$ 4.15 <u>(1)</u>	07/27/2017		М		73,315	03/03/2017	03/03/2023	Common Shares	73,

## **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
McAllister Michael Gerard 500 CENTRE STREET SE CALGARY, A0 T2P 2S5			EVP & COO					
Signatures								
/s/ Dawna Gibb by Power of Attorney		07/28/2017						
**Signature of Reporting Person		Date						

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The Options were granted in Canadian dollars at a price of C\$5.56/share and the exercise price was C\$12.91/share. The prices have been converted to U.S. dollars using the Bank of Canada exchange rate on the transaction dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.