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MGP INGRE Form 4 February 19,	ZDIENTS INC 2016											
FORM	Л										PPROVAL	
-	UNITE	D STATES				ND EXC D.C. 205		NGE (COMMISSION	OMB Number:	3235-0287	
Check this if no long	or										January 31, 2005	
subject to Section 10 Form 4 or	F CHANGES IN BENEFICIAL OWNERSHIP O SECURITIES						NERSHIP OF	Estimated a burden hou	average Irs per			
Form 5									response	0.5		
obligation may conti <i>See</i> Instru 1(b).	^s nue. Section 1'	7(a) of the		ility Ho	ldi	ng Com	pany	Act o	f 1935 or Sectio	'n		
(Print or Type R	esponses)											
DYKSTRA DAVID E Symbol				er Name and Ticker or Trading NGREDIENTS INC [MGPI]				-	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Che					ck all applicable)				
(Month/				Ionth/Day/Year) 2/17/2016					Director 10% Owner X Officer (give title Other (specify below) below) Vice President			
			ndment, Date Original hth/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 				
ATCHISON	, KS 66002									More than One R		
(City)	(State)	(Zip)	Table	I - Non-	De	rivative S	ecuri	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Executi any	emed on Date, if /Day/Year)	Code (Instr. 8	5)	4. Securit nAcquired Disposed (Instr. 3, Amount	(A) o of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	02/17/2016			А		7,047 (1)	A	\$0	48,473	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact: Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	;	ate	Amou Under Secur	rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Tran (Instr
			Code V	7 (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
DYKSTRA DAVID E C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002			Vice President					
Signatures								
/s/ Lori Norlen as attorney-in-fact Dykstra	02/19/2016							
** Signature of Reporting Perso	n		Date					
Explanation of Responses:								

analion of nesponses.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Performance-based restricted stock unit award which will vest on February 16, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.