#### GLADSTONE COMMERCIAL CORP

Form 4

December 13, 2006

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB** Number:

3235-0287

Expires:

Form filed by More than One Reporting

January 31, 2005

0.5

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response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \* 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading **OUTLAND JOHN H** Issuer Symbol **GLADSTONE COMMERCIAL** (Check all applicable) CORP [GOOD] (Middle) (Last) (First) 3. Date of Earliest Transaction \_X\_\_ Director 10% Owner Officer (give title Other (specify (Month/Day/Year) 1521 WESTBRANCH 12/12/2006 DRIVE, SUITE 200 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) \_X\_ Form filed by One Reporting Person

MCLEAN, VA 22102

(State)

(Zip)

(City)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

	Tubic 1 Tion Delition Securities frequired, Disposed 61, of Delicitioning								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(	
Common Stock	12/12/2006		M	10,000	A	\$ 16.53	10,000	D	
Common Stock	12/12/2006		S	9,000	D	\$ 20.3261	1,000	D	
Common Stock	12/12/2006		M	10,000	A	\$ 15.99	11,000	D	
Common Stock	12/12/2006		S	10,000	D	\$ 20.3261	1,000	D	
Common Stock	12/12/2006		M	10,000	A	\$ 15.44	11,000	D	

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Common 12/12/2006 S 10,000 D 1,000 D Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Transaction Date 3A. Deemed 4.  Month/Day/Year) Execution Date, if Transac any Code (Month/Day/Year) (Instr. 8		Secu Acqu or Da (D)	rities uired (A) isposed of r. 3, 4,	6. Date Exer Expiration D (Month/Day,	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common Stock	\$ 16.53	12/12/2006		M		10,000	<u>(1)</u>	12/31/2006	Common stock	10,000
Common stock	\$ 15.99	12/12/2006		M		10,000	(2)	12/31/2006	Common Stock	10,000
Common Stock	\$ 15.44	12/12/2006		M		10,000	(3)	12/31/2006	Common Stock	10,000

# **Reporting Owners**

Relationships Reporting Owner Name / Address 10% Owner Officer Other Director

**OUTLAND JOHN H** 1521 WESTBRANCH DRIVE **SUITE 200** MCLEAN, VA 22102

X

**Signatures** 

Paula Novara, 12/13/2006 attorney-in-fact

\*\*Signature of Reporting Person Date

2 Reporting Owners

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## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option vested in two equal installments of 5,000 shares each on December 9, 2004 and December 9, 2005
- (2) The option vested in two equal installments of 5,000 shares each on May 26, 2005 and May 26, 2006
- (3) The option vested in two equal installments of 5,000 shares each on May 25, 2006 and July 11, 2006

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.