MONRO MUFFLER BRAKE INC

Form 4

November 12, 2009

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5 Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue.

1 Name and Address of Reporting Person *

11/10/2009

Stock

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

	ΓOMARCHIO JOSEPH JR			r Name and O MUFF)]			I	Issuer (Check all applicable)				
(Last) (First) (Middle) 200 HOLLEDER PARKWAY			3. Date of Earliest Transaction (Month/Day/Year) 11/09/2009					Director 10% Owner X Officer (give title Other (specify below)				
ROCHEST	(Street) ROCHESTER, NY 14515			endment, Da nth/Day/Yea	Č	1	A - -	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acq					uired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)			Code (Instr. 3, 4 and 5) ar) (Instr. 8) (A) or			(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock								25,111	D			
Common Stock	11/09/2009	11/09/20	009	S <u>(1)</u>	11,000	D	\$ 31.5945	14,111	D			
Common	11/10/2009	11/10/20	009	М	15 681	Δ	\$ 17 35	29 792	D			

15,681 A

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

M

11/10/2009

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29,792

D

\$ 17.35

SEC 1474 (9-02)

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	of 2. 3. Transaction Date		3A. Deemed	4.	5. Number of	Date Exercisable and		7. Title and Amount of	
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionDerivative Code Securities		Expiration Dat	e	Underlying Securities (Instr. 3 and 4)	
Security	or Exercise		any			(Month/Day/Y	ear)		
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8) Acquired (A)					
	Derivative			or Disposed of					
	Security			(D)					
					(Instr. 3, 4,				
					and 5)				
						Date Exercisable	Expiration Date	Title	Amount or Number
				Code V	(A) (D)				of Share
Option								C	
(Right to Buy)	\$ 17.35	11/10/2009	11/10/2009	M	15,681	05/19/2005	05/18/2010	Commmon Stock	15,681

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

TOMARCHIO JOSEPH JR 200 HOLLEDER PARKWAY ROCHESTER, NY 14515

Executive VP-Store Operations

Signatures

/s/ Joseph Tomarchio Jr. 11/11/2009

**Signature of Reporting Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) In connection with exercise of options, reporting person is selling shares primarily to pay for the exercise of such options and certain personal tax obligations related to such exercise.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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