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Mead Gerard											
Form 4											
March 05, 2009											
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMMISSION	OMB APPROVAL		
				ington, D.					OMB Number:	3235-0287	
Check this box							Expires:	January 31,			
if no longer subject to Section 16. Form 4 or		ES IN BE ECURIT		IAL	ERSHIP OF	Estimated a burden hour response	•				
Form 5 obligations may continue <i>See</i> Instruction 1(b).	e. Section 17(a)	of the		ty Holding	g Comp	any A	Act of	Act of 1934, 1935 or Section)	I		
(Print or Type Resp	ponses)										
Mead Gerard Symbol				ame and Tic ONE CON OODO]		-		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)				arliest Transaction (Year)				_X_Director10% Owner Officer (give titleOther (specify below)below)			
CORPORATIO	ONE COMMEH DN, 1521 CH DRIVE, SUI		03/03/200	9					below)		
	(Street) 4. If Amend Filed(Month/			/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
MCLEAN, VA	22102							Form filed by M Person			
(City)	(State) (Z	Zip)	Table I	- Non-Deri	vative Se	curitie	es Acqu	iired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Day (Month/Day/Year)) Execu any		3. Transactio Code (Instr. 8)		ispose 4 and	d of	 5. Amount of Securities Beneficially Owned Following Reported 	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
7.50% Series				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
B Cumulative Redeemable Preferred Stock	03/03/2009			Р	1,000	A	\$ 7.44	1,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
required to respond unless the formSEC 1474
(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	(Month/Day/Year) Execution Date, if any		4. 5. TransactionNumber Code of (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				tle and unt of vrlying rities r. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
Popo	rting O	wpore		Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
перо		wners	_		Rela	tionships					

Reporting Owner Name / Address			Kelationships						
L O	Director	10% Owner	Officer	Other					
Mead Gerard C/O GLADSTONE COMMERCIAL CORPORATION 1521 WESTBRANCH DRIVE, SUITE 200 MCLEAN, VA 22102									
Signatures									
Allyson Williams, attorney-in-fact	03/04/2009								
**Signature of Reporting Person	Date								

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.