

AMERUS GROUP CO/IA

Form 4

May 08, 2006

**FORM 4****UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

Check this box  
if no longer  
subject to  
Section 16.  
Form 4 or  
Form 5  
obligations  
may continue.  
See Instruction  
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF  
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  
30(h) of the Investment Company Act of 1940

## OMB APPROVAL

OMB  
Number: 3235-0287  
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2005  
Estimated average  
burden hours per  
response... 0.5

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**BOAL GREGORY D**

(Last) (First) (Middle)

**699 WALNUT STREET, 17TH  
FLOOR**

(Street)

**DES MOINES, IA 50309**

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading  
Symbol

**AMERUS GROUP CO/IA [AMH]**

3. Date of Earliest Transaction  
(Month/Day/Year)

**05/04/2006**

4. If Amendment, Date Original  
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to  
Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_ 10% Owner  
\_\_\_\_X\_\_\_\_ Officer (give title below) \_\_\_\_ Other (specify below)

**EVP & Chief Investment Officer**

6. Individual or Joint/Group Filing(Check  
Applicable Line)  
\_\_\_\_X\_\_\_\_ Form filed by One Reporting Person  
\_\_\_\_ Form filed by More than One Reporting  
Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/04/2006	05/04/2006	M	10,000 A	\$ 27.53	21,013	D
Common Stock	05/04/2006	05/04/2006	M	9,200 A	\$ 37.62	30,213	D
Common Stock	05/04/2006	05/04/2006	M	4,000 A	\$ 47.03	34,213	D
Common Stock	05/04/2006	05/04/2006	F	17,486 D	\$ 59.48	16,727	D
Common Stock					510.8166	I	401 (k) Plan

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 27.53	05/04/2006	05/04/2006	M		10,000		<u>(1)</u>	06/02/2013	Common Stock	10,000
Employee Stock Option (Right to Buy)	\$ 37.62	05/04/2006	05/04/2006	M		9,200		<u>(2)</u>	02/13/2014	Common Stock	9,200
Employee Stock Option (Right to buy)	\$ 47.03	05/04/2006	05/04/2006	M		4,000		<u>(3)</u>	02/11/2015	Common Stock	4,000

## Reporting Owners

### Reporting Owner Name / Address

### Relationships

Director 10% Owner Officer Other

BOAL GREGORY D  
699 WALNUT STREET  
17TH FLOOR  
DES MOINES, IA 50309

EVP & Chief Investment Officer

## Signatures

/s/ Jeananne M. Celander, attorney-in-fact for  
Mr. Boal

05/08/2006

\_\_Signature of Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Grant of option exempt under Rule 16b-3. The option becomes exercisable in increments as follows: 5,000 on 06/02/2004; 5,000 on 06/02/2005; 5,000 on 06/02/2006; 5,000 on 06/02/2007; and 5,000 on 06/02/2008.
- (2) Grant of option exempt under Rule 16b-3. The option vests in five equal annual installments beginning on February 13, 2005.
- (3) Grant of option exempt under Rule 16b-3. The option vests in five equal annual installments beginning on February 11, 2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.  
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