## Edgar Filing: Jacobs Eric Douglas - Form 4

Jacobs Eric Form 4	Douglas										
March 07, 2	011										
FORM									OMB AF	PROVAL	
	UNITED	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES         Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section							OMB Number:	3235-0287	
Check th if no lon, subject to Section 1 Form 4 of Form 5 obligation may con See Instr 1(b).	ger o 16. or Filed pur ons tinue.								Expires: January 31, 2005 Estimated average burden hours per response 0.5		
(Print or Type	Responses)										
Jacobs Eric Douglas Sy			Symbol	er Name <b>and</b>			<i>b</i> ]	5. Relationship of Reporting Person(s) to Issuer			
(I t)	(Einst)		Frack Holdings, Inc. [TRAK]				(Check all applicable)				
(Month/I 1111 MARCUS AVE., SUITE M04 (Street) 4. If Amo			of Earliest Transaction /Day/Year) 2011				Director      10% Owner        Officer (give title      Other (specify below)         below)       SVP, CFO and CAO				
			/onth/Day/Year)				<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> </ul>				
LAKE SUC	CCESS, NY US 1	1042					-	Form filed by Mo Person			
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Secu	rities Acqu	ired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	Date, if	3. Transactic Code (Instr. 8) Code V	omr Dispos (Instr. 3,	(A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	03/03/2011			S <u>(1)</u>	4,460	D	э 19.9192 ( <u>2)</u>	59,162 <u>(3)</u>	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title o Derivativ Security (Instr. 3)	ve Conversion or Exercise	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3,	Expiration D (Month/Day, e	Date Exercisable and xpiration Date Month/Day/Year)		le and int of lying ities 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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## **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Jacobs Eric Douglas 1111 MARCUS AVE. SUITE M04 LAKE SUCCESS, NY US 11042			SVP, CFO and CAO					
Signatures								
/s/ Gary Papilsky as attorney in fac Jacobs	et for Eric	D.	03/07/2011					
<u>**</u> Signature of Reporting Pers	on		Date					
Evalenction of Deci								

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on September 9, 2010.
- This transaction was executed in multiple trades at prices ranging from \$19.59 to \$20.03. The price reported above reflects the weighted
   (2) average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- (3) Includes 1,250 shares of restricted common stock and 41,820 restricted stock units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.