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Form 4	•										
April 18, 201								OMB A	PPROVAL		
FORM	UNITEDS		SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						3235-0287		
Check this if no long subject to Section 16 Form 4 or Form 5 obligation may conti <i>See</i> Instru	er STATEM 5. Filed purs ¹⁸ Section 17(a)	uant to Section) of the Public	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Sectio of the Investment Company Act of 1940					Expires: January 31 2005 Estimated average burden hours per response 0.5 n			
1(b).											
(Print or Type R	esponses)										
1. Name and Ad Zimmer Jeff	Symbo Armo	2. Issuer Name and Ticker or Trading Symbol Armour Residential REIT, Inc. [ARR]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) 3001 OCEA	(Last) (First) (Middle) 3001 OCEAN DRIVE, SUITE #201			3. Date of Earliest Transaction (Month/Day/Year) 04/13/2011				_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Co-CEO and President			
		4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 					
VERO BEA	CH, FL 32963						Form filed by M Person	More than One Re	eporting		
(City)	(State) (Z	Zip) Ta	ble I - Non-D	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea	Code	TransactionAcquired (A) or Code Disposed of (D)			Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock, par				Amount		Price	(Instr. 3 and 4)	_			
value \$0.001 per share	04/13/2011		M <u>(1)</u>	2,337	A	<u>(1)</u>	53,537	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Unde Secur	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Addr	ess	Relationships							
neporting officer (anto) frau	Director	10% Owner	Officer	Other					
Zimmer Jeffrey J 3001 OCEAN DRIVE SUITE #201 VERO BEACH, FL 32963	Х		Co-CEO and President						
Signatures									
/s/ Jeffrey J.	04/18/2011								

Zimmer <u>**</u>Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On April 13, 2011, the reporting person elected to redeem 2,337 shares of vested phantom stock previously granted under ARMOUR
(1) Residential REIT, Inc.'s 2009 Stock Incentive Compensation Plan into 2,337 shares of ARMOUR's common stock. The 2,337 shares were issued on April 13, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.