Edgar Filing: LONEY DENNIS - Form 4

Form 4											
May 23, 200										PPROVAL	
-	UNITED) STATES		ITIES A hington,			NGE (COMMISSION	OMB Number:	3235-0287	
Check thi if no long subject to Section 1 Form 4 o	ser STATE 6.	MENT O	F CHANGES IN BENEFICIAL OW SECURITIES					NERSHIP OF	Expires: Estimated a burden hou response	rs per	
Form 5 obligation may cont <i>See</i> Instru 1(b).	ns Section 17	(a) of the		ility Hold	ling Com	ipany	Act of	e Act of 1934, f 1935 or Sectio 40			
(Print or Type F	Responses)										
LONEY DENNIS S			Symbol	2. Issuer Name and Ticker or Trading Symbol AMS HEALTH SCIENCES INC				5. Relationship of Reporting Person(s) to Issuer			
			[AMM]					(Chec	k all applicable	2)	
(Last) 12605 DEE	(First) RWOOD DRIV	(Middle) E	3. Date of (Month/D) 05/22/20	-	ansaction			Director X Officer (give below) Vice Pres			
				ndment, Date Original hth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 			
OKLAHOM	IA CITY, OK 7	3142							Iore than One Re		
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	Securi	ities Acc	uired, Disposed of	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	r) Execution any	med on Date, if Day/Year)	3. Transactic Code (Instr. 8)		ispose	d of	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common				Code V	Amount	or	Price	Transaction(s) (Instr. 3 and 4)			
Stock; par value \$0.0001	05/22/2006			Р	400	А	\$ 0.58	18,006	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying rities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
LONEY DENNIS 12605 DEERWOOD DRIVE OKLAHOMA CITY, OK 73142			Vice President of Operations				
Signatures							

Dennis P. Loney	05/01/2006
<u>**</u> Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.