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if no longer subject to Section 16. SECURITIES STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF Section 16. SECURITIES 2005 Estimated average burden hours per									3235-0287 January 31, 2005 Iverage	
(Print or Type	Responses)									
Heinson Christopher Sym			2. Issuer Name and Ticker or Trading Symbol Sanchez Energy Corp [SN]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (I		3. Date of Earliest Transaction							
1000 MAIN	Ionth/Day/Year) 8/01/2018				Director 10% Owner X Officer (give title Other (specify below) below) SVP and COO					
(Street) 4. If Ame Filed(Mor HOUSTON, TX 77002				Date Origina ar)	l		 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
							Person			
(City)			Table I - Non-	Derivative	Secur	ities Acqu	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)			Code	Transaction(A) or Disposed of (D)			SecuritiesOwnershipIndirectBeneficiallyForm: DirectBeneficiOwned(D) orOwnershFollowingIndirect (I)(Instr. 4)Reported(Instr. 4)Transaction(s)Instr. 4)			
0			Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	03/01/2018		М	16,349	А	<u>(1)</u>	595,371	D		
Common Stock	03/01/2018		D	16,349	D	\$ 3.03	579,022	D		
Common Stock	03/02/2018		S	6,540 (2)	D	\$ 2.981	572,482	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed o (D) (Instr. 3, 4, and 5)	Date (Month/Day/Yea	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amc or Num of Sł	
Phantom Stock	<u>(1)</u>	03/01/2018		М	16,349	03/01/2018(3)	03/01/2018(3)	Common Stock	16,	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Heinson Christopher 1000 MAIN STREET, SUITE 3000 HOUSTON, TX 77002			SVP and COO				
Signatures							
/s/ Christopher D							

/s/ Christopher D. 03/05/2018 Heinson **Signature of Reporting Date

Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each share of phantom stock is the economic equivalent of one share of the Issuer's common stock, par value \$0.01 per share. The (1) Reporting Person settled his shares of phantom stock for cash.
- The sale reported on this Form 4 was effected pursuant to a Rule 10b5-1 trading plan established by the Reporting Person and was used to (2)satisfy the Reporting Person's federal income tax obligations with respect to the vesting of equity awards.
- (3) Phantom stock is payable only in cash, which vests in equal annual increments over a five year period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.