Edgar Filing: GILBERT GERALD E - Form 4

GILBERT G	FERALD E											
Form 4												
January 03, 2	2019											
FORM	FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								OMB APPROVAL			
CURITIES AN Washington, D									OMB Number:	3235-0287		
Check th if no long subject to Section 1 Form 4 o	ser STATEN 6.									Expires: January 31 2005 Estimated average burden hours per response 0.5		
Form 5 obligatio may cont <i>See</i> Instru 1(b).	ns Section 17(uction	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type I	Responses)											
1. Name and Address of Reporting Person <u>*</u> GILBERT GERALD E			2. Issuer Name and Ticker or Trading Symbol MANNATECH INC [MTEX]					5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (]		(Check all applicable)				
1410 LAKESIDE PARKWAY, SUITE 200			3. Date of Earliest Transaction (Month/Day/Year) 01/02/2019					XDirector10% Owner Officer (give titleOther (specify below)below)				
				4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
FLOWER N	MOUND, TX 750)28						Form filed by M Person	lore than One Re	porting		
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	2. Transaction Date 2A. Dee Month/Day/Year) Executio any (Month/		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			d of (D)	Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common				Code V	Amount	or	Price	Transaction(s) (Instr. 3 and 4)				
Stock Par Value \$0.0001 Per Share	01/02/2019			А	1,821	А	\$ 19.22	29,722	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. 6. Date Exe priNumber Expiration of (Month/Da Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address							
	Director	10% Owner	Officer	Other			
GILBERT GERALD E 1410 LAKESIDE PARKWAY, SUITE 200 FLOWER MOUND, TX 75028	Х						
Signatures							
/s/ Diane Barton, Controller, by Power of Attorney		01/03/201	9				
**Signature of Reporting Person		Date					
Explanation of Responses:							

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.