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Butcher Ben Form 4	jamin S											
April 02, 20												
FORM	4 UNITED	STATES					GE CO	OMMISSION	OMB AF OMB Number:	PROVAL 3235-0287		
Check this box if no longer subject to Section 16.STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIESNumber:Form 4 or Form 5 obligations may continue. See Instruction 1(b).Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 30(h) of the Investment Company Act of 1940Expires: Estimated a burden hou 								•				
(Print or Type]	Responses)											
Butcher Benjamin S Symbol WASH				er Name and Ticker or Trading HINGTON REAL ESTATE STMENT TRUST [WRE]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Month				ate of Earliest Transaction nth/Day/Year) 29/2019				X_ Director 10% Owner Officer (give title Other (specify below) below)				
				mendment, Date Original /lonth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
								Person				
(City) 1.Title of Security (Instr. 3)	(State) 2. Transaction Data (Month/Day/Year)		ed Date, if	3.	Amount	Acqui sed of	red	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	y Owned 7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	03/29/2019			A	308.3161 (1)	A	\$ 0	22,646.7926	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3,			Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
				Code V	4, and 5)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
I. S.	Director	10% Owner	Officer	Other				
Butcher Benjamin S 1775 EYE STREET SUITE 1000 WASHINGTON, DC 20006	Х							
Signatures								
By: W. Drew Hammond For: E Butcher	04/02/2019							
**Signature of Reporting Pe	Date							

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These are Restricted Share Units granted pursuant to the Washington Real Estate Investment Trust Deferred Compensation plan for (1) Directors - the number of shares awarded is based on the closing price on 3/29/2019 of \$28.38. The units settle only in stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.