| | Edgar Filing: | WASHINGTON REAL | . ESTATE INVESTMENT | TRUST - Form 4 |
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| WASHINGT Form 4 December 1 | FON REAL EST | FATE INV | ESTME | NT TRUS | ST | | | | | |
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| FORM | 14 UNITEI | | | | | | | | | |
| Check th if no long subject to Section 1 Form 4 o Form 5 obligatio may cont <i>See</i> Instru 1(b). | 6. r Filed pu ns scrtion 17 | STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section | | | | | | | | January 31, 2005 werage rs per 0.5 |
| (Print or Type I | Responses) | | | | | | | | | |
| | Address of Reportin | g Person <u>*</u> | Symbol WASH | r Name and INGTON FMENT 7 | REAL E | STA | TE | 5. Relationship of Issuer (Chec | Reporting Pers k all applicable | |
| (Last) 6110 EXEC 800 | (First) | (Middle) | 3. Date of (Month/E 12/07/2 | - | ansaction | | | Director X_Officer (give below) S.V. | | Owner er (specify |
| | (Street) | | | endment, Da hth/Day/Year | - | | | 6. Individual or Jo Applicable Line) _X_Form filed by C Form filed by M | One Reporting Pe | rson |
| ROCKVILI | LE, MD 20852 | | | | | | | Person | fore than one Re | porting |
| (City) | (State) | (Zip) | Tabl | e I - Non-E | Derivative S | Securi | ities Acq | uired, Disposed of | , or Beneficial | ly Owned |
| 1.Title of Security (Instr. 3) | 2. Transaction Da (Month/Day/Year | r) Execution any | | 3. Transactic Code (Instr. 8) | 4. Securiti on(A) or Dis (Instr. 3, 4 | posed | of (D) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| Common Stock | 12/07/2006 | | | Code V M | Amount 11,084 | (D) A | Price \$ 24.85 | (Instr. 3 and 4) 64,528.13 | D | |
| Common Stock | 12/07/2006 | | | М | 1,500 | А | \$ 25.61 | 66,028.13 | D | |
| Common Stock | 12/07/2006 | | | М | 4,684 | А | \$ 17.59 | 70,712.13 | D | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of
information contained in this form are not
required to respond unless the formSEC 1474
(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactio Code (Instr. 8) | 5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Underlying (Instr. 3 and | Secur |
|-----------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------|-------------------------------------------------------------|----------------------------------------|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|--------------------|------------------------------------------|------------------------|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Am or Nu of S |
| Incentive Stock Option (right to buy) | \$ 17.59 | 12/07/2006 | | М | 4,684 | 12/15/1999 | 12/15/2008 | Common Stock | 4, |
| Non-Qualified Stock Option (right to buy) | \$ 24.85 | 12/07/2006 | | М | 11,084 | 12/17/2002 | 12/17/2011 | Common Stock | 11 |
| Non-Qualified Stock Option (right to buy) | \$ 25.61 | 12/07/2006 | | М | 1,500 | 12/16/2003 | 12/16/2012 | Common Stock | 1, |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | |
|------------------------------------------------------------------------------|---------------|-----------|-------------------|-------|--|--|--|
| | Director | 10% Owner | Officer | Other | | | |
| FRANKLIN LAURA M 6110 EXECUTIVE BLVD. SUITE 800 ROCKVILLE, MD 20852 | | | S.V.P. Accounting | | | | |
| Signaturaa | | | | | | | |

Signatures

Laura M. Franklin <u>**Signature of</u> Date

_Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.