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SUPERVALU INC Form 4						
May 20, 2014						
		URITIES AND EXCHANG	E COMMISSION	OMB AI OMB Number:	PPROVAL 3235-0287	
Washington, D.C. 20549Check this box if no longer subject to Section 16.Form 4 or Form 5 obligations may continue.See Instruction 1(b).					January 31, 2005 average rs per 0.5	
(Print or Type Responses)						
1. Name and Address of Re Casteel Ritchie	Symb	suer Name and Ticker or Trading ol ERVALU INC [SVU]	Reporting Person(s) to			
(Month		th/Day/Year) Director 6/2014 Officer (give below)		10% Owner		
(Street)		4. If Amendment, Date Original 6. Individual or Joi Filed(Month/Day/Year) Applicable Line) _X_Form filed by Or			int/Group Filing(Check One Reporting Person	
EDEN PRAIRIE, MN	55344		Form filed by M Person	Iore than One Re	porting	
(City) (State)	(Zip) T	able I - Non-Derivative Securities	Acquired, Disposed of	, or Beneficial	ly Owned	
	on Date 2A. Deemed /Year) Execution Date, i any (Month/Day/Year	3.4. SecuritiesfTransactionAcquired (A) orCodeDisposed of (D)	5. Amount of 6. Securities F Beneficially (I Owned (I Following (I Reported Transaction(s) (Instr. 3 and 4)	. Ownership orm: Direct D) or Indirect	7. Nature of Indirect	
Reminder: Report on a separ	rate line for each class of s	ecurities beneficially owned directly				

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Am
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orDerivative	Expiration Date	Underlying Secu
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) Disposed of ((Instr. 3, 4, au 5)	D)			
				Code V	7 (A) ((D) Date Exercisable	Expiration Date	Title	A N Sl
Non-Qualified Stock Option (right to buy) (1)	\$ 7.5	05/16/2014		А	149,402	(2)	05/16/2024	Common Stock	1
Restricted Stock Units	\$ 0 <u>(3)</u>	05/16/2014		А	13,333	02/28/2015	02/28/2015	Common Stock	-
Restricted Stock Units	\$ 0 <u>(4)</u>	05/16/2014		А	22,500	(5)	(5)	Common Stock	1

Reporting Owners

Relationships				
0% Owner	Officer	Other		
	President & CEO, SAL			
		President & CEO, SAL		

Signatures

By: Stuart McFarland, Attorney in Fact For: Ritchie L. Casteel	05/20/2014
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Grant to reporting person of option to purchase shares of common stock under Issuer's 2012 Stock Plan (which includes tax withholding rights) in transaction exempt under Rule 16b-3.
- (2) Vesting occurs at 34%, 33% and 33% on each of the first three anniversaries of the Grant Date.
- (3) Each restricted stock unit represents a contingent right to receive the cash value of one share of SUPERVALU common stock.
- (4) Each restricted stock unit represents a contingent right to receive one share of SUPERVALU common stock.
- (5) The units will be converted into shares of SUPERVALU common stock on the first three anniversaries of the May 16, 2014 grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.