ST MARY LAND & EXPLORATI Form 8-K October 24, 2005 UNITED STATES	ON CO	
SECURITIES AND EXCHANGE COMMI	ISSION	
Washington, D.C. 20549		
FORM 8-K		
CURRENT REPORT		
Pursuant to Section 13 or 15(d) of the Sec	curities Exchange Act of 1934	
Date of Report (Date of earliest event report	ted)	
October 24, 2005 (October 21, 2005)		
St. Mary Land & Exploration Company (Exact name of registrant as specified in its	charter)	
Delaware (State or other jurisdiction of incorporation)	001-31539 (Commission File Number)	41-0518430 (I.R.S. Employer Identification No.)
1776 Lincoln Street, Suite 700, Denver, Col	lorado 80203	
(Address of principal executive offices)	(Zip Code)	
Registrant s telephone number, including a	rea code: (303) 861-8140	
Not applicable		

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2.):
[_] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
[_] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
[_] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
[_] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

#### Item 7.01 Regulation FD Disclosure.

In accordance with General Instruction B.2. of Form 8-K, the following information in this report, including Exhibit 99.1, shall not be deemed to be filed for purposes of Section 18 of the Securities Exchange Act of 1934 (the Exchange Act ) or otherwise subject to liability under that section, and such information and Exhibit shall not be deemed to be incorporated by reference in any filing under the Securities Act of 1933 or the Exchange Act, except unless expressly set forth by specific statement or reference in such a filing.

On October 21, 2005, St. Mary Land & Exploration issued a press release announcing a regular semi-annual five cent per share cash dividend to be paid on November 14, 2005 to stock holders of record as of the close of business on November 4, 2005. A copy of the press release is furnished as Exhibit 99.1 to this report.

#### Item 9.01 Financial Statements and Exhibits.

(c) Exhibits. The following exhibit is furnished as part of this report:

Exhibit 99.1 Press release of St. Mary Land & Exploration Company dated October 21, 2005

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ST. MARY LAND & EXPLORATION COMPANY

/S/ DAVID W. HONEYFIELD Date: October 24, 2005 By:

David W. Honeyfield

Vice President Chief Financial Officer, Treasurer and Secretary