

CONLEY LARRY A
Form 3
October 30, 2007

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol									
Â CONLEY LARRY A		(Month/Day/Year)	STERLING FINANCIAL CORP /WA/ [STSA]									
(Last)	(First)	(Middle)	4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)								
111 N. WALL STREET			(Check all applicable)									
(Street)			<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer <input type="checkbox"/> Other (give title below) (specify below)									
SPOKANE, WA 99201			6. Individual or Joint/Group Filing(Check Applicable Line)									
(City)	(State)	(Zip)	<input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person									
<p>Table I - Non-Derivative Securities Beneficially Owned</p> <table border="0"> <tr> <td>1. Title of Security (Instr. 4)</td> <td>2. Amount of Securities Beneficially Owned (Instr. 4)</td> <td>3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)</td> <td>4. Nature of Indirect Beneficial Ownership (Instr. 5)</td> </tr> <tr> <td>Common Stock</td> <td>5,093</td> <td>I</td> <td>401K shares</td> </tr> </table>					1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)	Common Stock	5,093	I	401K shares
1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)									
Common Stock	5,093	I	401K shares									

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable Expiration Date	Title Amount or Number of			

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				Shares		(I) (Instr. 5)	
Stock Option	12/19/2005	02/28/2010	Common Stock	5,000	\$ 25.71	D	Â
Stock Option	12/21/2004	02/28/2009	Common Stock	3,000	\$ 26.7133	D	Â
Stock Option	01/31/2008	03/15/2013	Common Stock	10,000	\$ 33.17	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CONLEY LARRY A 111 N. WALL STREET SPOKANE, WA 99201	Â	Â	Â President - INTERVEST	Â

Signatures

Daniel G. Byrne 10/30/2007

__Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.