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APPLEBEES INTERNATIONAL INC Form 8-K July 25, 2003

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

Current Report

PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event rep	ported) July 25, 2003				
Commission File Number: 000-17962					
Applebee's Intern	national, Inc.				
(Exact name of registrant as					
Delaware	43-1461763				
(State or other jurisdiction of incorporation or organization)	(I.R.S. Employer Identification No.)				
4551 W. 107th Street, Suite 100,	, Overland Park, Kansas 66207				
(Address of principal execut	tive offices and zip code)				
(913) 96					
(Registrant's telephone numb					
None	e 				
(Former name or former address,					

Item 7. Exhibits

Exhibit 99.1 Form of Notice of Blackout Period dated July 25, 2003 to Directors and Executive Officers of Applebee's International,

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Inc.

Item 11. Temporary Suspension of Trading Under Registrant's Employee Benefit Plans.

On July 14, 2003, the registrant was notified by the plan administrator and trustee of its tax deferred savings (401(k)) plan that as a result of certain servicing enhancements to the plan, there will be a blackout period in which plan participants will be temporarily unable to diversify investments under the plan, obtain a loan under the plan, or obtain a distribution from the plan. The blackout period is expected to begin on August 20, 2003 at 3:00 p.m. CDT and expected to end on August 27, 2003 at 8:00 a.m. CDT.

As required by Section 306 of the Sarbanes-Oxley Act of 2002 and Section 245.104 of the Securities and Exchange Commission's Regulation BTR, and concurrently with the filing of this Form 8-K, the registrant transmitted a notice of blackout period to its directors and executive officers. The form of notice is furnished as an exhibit to this Form 8-K.

2

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

APPLEBEE'S INTERNATIONAL, INC. (Registrant)

Date: July 25, 2003 By:/s/ Steven K. Lumpkin

Steven K. Lumpkin Executive Vice President and

Chief Financial Officer

3

Exhibit Index

Exhibit No.	Description							
99.1	Form of	Notice of	Blackout	Period	dated	July 25,	2003	to
	Directors	and Execut:	ive Offic	ers of	Applebe	e's Inter	nation	al,
	Inc.							

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