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	/INOR INC/VA/												
Form 4 May 31, 2013	3												
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FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								COMMISSION	OMB Number:	3235-0287			
Check thi if no long	er	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES											
subject to Section 10 Form 4 or	51A1E M 6.												
Form 5 obligation may conti <i>See</i> Instru 1(b).	inue. Section 17(a) of the I		ility Hol	ldiı	ng Com	pany	Act o	ge Act of 1934, f 1935 or Sectio 40	n response	0.5		
(Print or Type R	Responses)												
FOGG RICHARD E Symbol			Symbol	. Issuer Name and Ticker or Trading mbol WENS & MINOR INC/VA/ [OMI]					5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (M	iddle)	3. Date of Earliest Transaction (Che				(Chec	ck all applicable)					
C/O OWEN LOCKWOO	S & MINOR, INC D BLVD.	C., 9120	(Month/D 05/30/20	-					X Director Officer (give below)		6 Owner er (specify		
(Street) 4. If Ame			4. If Amer	Amendment, Date Original					6. Individual or Joint/Group Filing(Check				
MECHANIC	CSVILLE, VA 23	116	Filed(Mon	th/Day/Yea	ur)				Applicable Line) _X_ Form filed by (Form filed by M Person	One Reporting Po More than One Ro			
(City)	(State) (State)	Zip)	Table	e I - Non-l	Dei	rivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio any		Code (Instr. 8)	tion)	4. Securi Acquired Disposed (Instr. 3, Amount	l (A) c l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	05/30/2013			S		2,322	(D) D		5,516	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Under Secur	le and unt of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owno Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
FOGG RICHARD E C/O OWENS & MINOR, INC. 9120 LOCKWOOD BLVD. MECHANICSVILLE, VA 23116	Х						
Signatures							
Richard E. Fogg by Rosemarie Fra POA	ance	05/31/2	2013				
<u>**</u> Signature of Reporting Person		Dat	te				
Evalenction of Dec							

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.