MOOG INC. Form 4 November 17, 2016

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Estimated average burden hours per response...

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Last)

(City)

(Instr. 3)

(Print or Type Responses)

1. Name and Address of Reporting Person * ROCHE PATRICK J

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

MOOG INC. [MOGA/MOGB]

(Check all applicable)

(First)

3. Date of Earliest Transaction (Month/Day/Year)

10% Owner Other (specify

SENECA ST & JAMISOND RD

11/15/2016

X_ Officer (give title below) below)

Vice President

(Street)

(State)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

Director

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

EAST AURORA, NY 14052

1.Title of 2. Transaction Date 2A. Deemed Security (Month/Day/Year)

Execution Date, if

(Month/Day/Year)

(Middle)

(Zip)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 3, 4 and 5) (Instr. 8)

5. Amount of Securities Beneficially Owned Following

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect Beneficial Ownership (I) (Instr. 4) (Instr. 4)

(A)

Reported Transaction(s) (Instr. 3 and 4)

Code V Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Conversion Security or Exercise

3. Transaction Date 3A. Deemed (Month/Day/Year)

Execution Date, if any

4. 5. Number of TransactionDerivative Code Securities

6. Date Exercisable and **Expiration Date** (Month/Day/Year)

7. Title and Amount of 8 **Underlying Securities** (Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				(
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
SAR (1)	\$ 43.42				(2)	05/20/2018	Class A Common	4,000
SAR (1)	\$ 35.12				(2)	10/31/2018	Class A Common	4,000
SAR (1)	\$ 26.66				(2)	12/01/2019	Class A Common	3,000
SAR (1)	\$ 36.86				(2)	11/30/2020	Class A Common	4,000
SAR (1)	\$ 41.82				(2)	11/30/2021	Class A Common	4,000
SAR (1)	\$ 36.41				(2)	11/27/2022	Class A Common	20,500
SAR (1)	\$ 61.69				(2)	11/11/2023	Class A Common	10,000
SAR (1)	\$ 74.38				(2)	11/11/2024	Class A Common	10,000
SAR (3)	\$ 63.04				(2)	11/17/2025	Class A Common	3,333
SAR (3)	\$ 65.9				(2)	11/17/2025	Class B Common	6,667
SAR (3)	\$ 71.65	11/15/2016	A	10,000	(2)	11/15/2026	Class B Common	10,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
•	Director	10% Owner	Officer	Other		
ROCHE PATRICK J SENECA ST & JAMISOND RD EAST AURORA, NY 14052			Vice President			

Signatures

Timothy P. Balkin, as Power of Attorney for Patrick J.
Roche

**Signature of Reporting Person

Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock Appreciation Rights (SAR) granted under the 2008 Stock Option Plan.
- (2) SARs become exercisable ratably over three years beginning on the first anniversary from the date of grant.
- (3) Stock Appreciation Rights (SAR) granted under the Moog Inc. 2014 Long Term Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.