HUMANA INC Form 4 May 22, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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if no longer subject to Section 16. Form 4 or Form 5 obligations

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting MCCALLISTER MICHAEI	_	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
(Last) (First) (Middle)		HUMANA INC [HUM] 3. Date of Earliest Transaction	(Check all applicable)		
		(Month/Day/Year)	X Director 10% Owner		
HUMANA INC., 500 WEST MAIN STREET		05/22/2006	X Officer (give title Other (specify below)		
			President & CEO		
(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
		Filed(Month/Day/Year)	Applicable Line)		
LOUISVILLE, KY 40202			_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

LOUISVILLE, KY 40202

(City)	(State)	(Zip) Tab	ole I - Non-	Derivative S	Securi	ties Acquir	ed, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				5. Amount of 6. Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect Reported (I) Transaction(s) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(
Humana Common	05/22/2006		M	135,000	A	\$ 15.625	420,846	D	
Humana Common	05/22/2006		F	44,221	D	\$ 47.7	376,625	D	
Humana Common	05/22/2006		F	40,187	D	\$ 48.08	336,438	D	
Humana Common							13,869	I	See Footnote (1)
Humana Common							14,786	I	See Footnote

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			(2)
Humana Common	2,396	I	See Footnote (3)
Humana Common	38,264	I	See Footnote

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount o Number o Shares
Options (5)	\$ 15.625	05/22/2006		M		135,000	<u>(6)</u>	07/11/2006	Humana Common	135,000
Options (5)	\$ 15.5938						<u>(7)</u>	01/09/2007	Humana Common	18,340
Options (5)	\$ 15.5938						(8)	07/10/2007	Humana Common	30,480
Options (5)	\$ 15.5938						<u>(9)</u>	01/15/2008	Humana Common	24,800
Options (5)	\$ 19.25						(10)	01/15/2009	Humana Common	30,000
Options (5)	\$ 7.4688						(11)	11/18/2009	Humana Common	100,000
Options (5)	\$ 6.9063						(12)	02/11/2010	Humana Common	500,000
Options (15)	\$ 32.7						(17)	02/24/2012	Humana Common	250,000
Options (5)	\$ 12.995						(13)	03/13/2012	Humana Common	50,000
	\$ 9.26						(14)	03/13/2013		200,000

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Options (5)				Humana Common	
Options (15)	\$ 21.275	(16)	02/24/2014	Humana Common	200,000
Options (15)	\$ 53.96	(18)	02/23/2013	Humana Common	150,000
Phantom Stock Units	<u>(19)</u>	(19)	(19)	Humana Common	1,150

Reporting Owners

Reporting Owner Name / Address	Relationships							
roporous o wher runne / runne oss	Director	10% Owner	Officer	Other				
MCCALLISTER MICHAEL B HUMANA INC. 500 WEST MAIN STREET LOUISVILLE, KY 40202	X		President & CEO					

Signatures

Michael B.

McCallister 05/22/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares held in a trust for the benefit of reporting person's spouse.
- (2) Shares held in a trust for the benefit of reporting person.
- (3) Shares held in a trust for the benefit of reporting person's minor children.
- (4) Shares held for the benefit of reporting person as of April 30, 2006 under the Humana Retirement & Savings Plan, including a routine disposition of shares to fund an administrative fee assessment under a Tax-Conditioned Plan, both exempt under Rule 16b-3(c).
- (5) Right to buy pursuant to Company's 1996 Stock Incentive Plan for Employees.
- (6) Non-qualified stock options granted to reporting person on 7/11/96 vesting in three increments from 7/11/97 to 7/11/99.
- (7) Non-qualified stock options granted to reporting person on 9/17/98 vesting in two increments on 9/17/99 and 1/9/00.
- (8) Non-qualified stock options granted to reporting person on 9/17/98 vesting in two increments on 9/17/99 and 7/10/00.
- (9) Incentive and Non-qualified stock options granted to reporting person on 9/17/98 vesting in three increments each from 9/17/99 to 1/15/01.
- (10) Incentive and Non-qualified stock options granted to reporting person on 1/15/99 vesting in three increments from 1/15/00 to 1/15/02.
- (11) Non-qualified stock options granted to reporting person on 11/18/99 vesting in three increments from 11/18/00 to 11/18/02.
- (12) Incentive and Non-qualified stock options granted to reporting person on 2/11/00, NQ options vesting in three increments from 2/11/01 to 2/11/03, and ISO's vesting on 2/11/03.

(13)

Reporting Owners 3

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Incentive and Non-qualified stock options granted to reporting person on 3/13/02, NQ options vesting in three increments from 3/13/03 to 3/13/05, ISO's vesting in two increments on 3/13/04 and 3/13/05.

- (14) Incentive and Non-qualified stock options granted to reporting person on 3/13/03, NQ options vesting in three increments from 3/13/04 to 3/13/06, and ISO's vesting on 3/13/06.
- (15) Right to buy pursuant to Company's 2003 Stock Incentive Plan.
- (16) Incentive and Non-qualified stock options granted to reporting person on 2/24/04, NQ options vesting in three increments from 2/24/05 to 2/24/07, and ISO's vesting on 2/24/07.
- (17) Incentive and Non-Qualified stock options granted to reporting person on 2/24/05, NQ options vesting in three increments from 2/24/06 to 2/24/08, and ISO's vesting on 2/24/08.
- (18) Incentive and Non-Qualified stock options granted to reporting person on 2/23/06, NQ options vesting in three increments from 2/23/07 to 2/23/09, and ISO's vesting on 2/23/09.
- (19) Phantom Stock Units held for the benefit of reporting person as of April 30, 2006, based on the value of Humana common stock on a 1-for-1 basis, under the Humana Excess Plan exempt under Rule 16b-3(c and d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.