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ADAMS EXPRESS CO  
Form 13F-HR  
November 09, 2009

UNITED STATES  
SECURITIES & EXCHANGE COMMISSION  
Washington, D.C. 20549

Form 13F

Form 13F COVER PAGE

Report for the Calendar Year or Quarter Ended September 30, 2009

Check here if Amendment [ ] ; Amendment Number:

This amendment (Check only one.) : [ ] is a restatement  
[ ] adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: The Adams Express Company  
Address: 7 St. Paul Street, Suite 1140  
Baltimore, MD 21202

Form 13F File Number: 28-597

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Person Signing this Report on Behalf of Reporting Manager:

Name: Christine M. Sloan  
Title: Assistant Treasurer  
Phone: (410) 752-5900

Signature, Place, and Date of Signing:

/s/ Christine M. Sloan Baltimore, MD November 3, 2009  
[Signature] [City, State] [Date]

Report Type (Check only one.):

13F HOLDINGS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)

13F NOTICE. (Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)

13F COMBINATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion are reported by other reporting manager (s).)

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Form 13F SUMMARY PAGE

Report Summary:

Number of Other Included Managers: 0  
 Form 13F Information Table Entry Total: 74  
 Form 13F Information Table Value Total: \$960,849  
 (in thousands)

List of Other Included Managers:

Provide a numbered list of the name (s) and Form 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

NONE

COLUMN 1 NAME OF ISSUER	COLUMN 2 TITLE OF CLASS	COLUMN 3 CUSIP	COLUMN 4 VALUE IN 000's	COLUMN 5 SHARES/PRN AMOUNT	SH/ PRN	PUT/ CALL	COLUMN 6 INVSTM DISCRETN	COLUMN 7 OTHER MANAGE
ABBOTT LABS	COM	002824100	15,830	320,000	SH		SOLE	
APPLE INC.	COM	037833100	13,903	75,000	SH		SOLE	
AT&T CORP.	COM	00206R102	10,804	400,000	SH		SOLE	
AUTOMATIC DATA PROCESSING	COM	053015103	11,790	300,000	SH		SOLE	
AVON PRODUCTS	COM	054303102	11,377	335,000	SH		SOLE	
BANK OF AMERICA	COM	060505104	18,527	1,095,000	SH		SOLE	
BANK OF NEW YORK MELLON	COM	064058100	11,705	403,775	SH		SOLE	
BRISTOL MYERS SQUIBB	COM	110122108	7,769	345,000	SH		SOLE	
BROADCOM CORP.	COM	111320107	12,276	400,000	SH		SOLE	
BUNGE LTD.	COM	G16962105	10,018	160,000	SH		SOLE	
CAPITAL ONE FINANCIAL	COM	14040H105	11,255	315,000	SH		SOLE	
CHEVRON CORP.	COM	166764100	10,565	150,000	SH		SOLE	
CINTAS CORP.	COM	172908105	9,093	300,000	SH		SOLE	
CISCO SYSTEMS	COM	17275R102	20,009	850,000	SH		SOLE	
COCA-COLA CO.	COM	191216100	13,962	260,000	SH		SOLE	
CONOCOPHILLIPS	COM	20825C104	6,774	150,000	SH		SOLE	
CONSOL ENERGY INC.	COM	20854P109	9,022	200,000	SH		SOLE	
CORNING INC.	COM	219350105	5,359	350,000	SH		SOLE	
CURTISS-WRIGHT CORP.	COM	231561101	12,287	360,000	SH		SOLE	
CVS/CAREMARK CORP.	COM	126650100	10,186	285,000	SH		SOLE	
DEAN FOODS	COM	242370104	7,561	425,000	SH		SOLE	
DEL MONTE FOODS	COM	24522P103	11,580	1,000,000	SH		SOLE	
DELL INC.	COM	24702R101	8,927	585,000	SH		SOLE	
DUPONT EI DE NEMOURS	COM	263534109	14,784	460,000	SH		SOLE	
EMERSON ELECTRIC	COM	291011104	12,024	300,000	SH		SOLE	
EXXON MOBIL CORP.	COM	30231G102	14,751	215,000	SH		SOLE	
GENERAL ELECTRIC CO.	COM	369604103	24,433	1,488,000	SH		SOLE	
GILEAD SCIENCES INC.	COM	375558103	9,316	200,000	SH		SOLE	
GOOGLE INC.	COM	38259P508	9,917	20,000	SH		SOLE	
HALLIBURTON CO.	COM	406216101	8,136	300,000	SH		SOLE	

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HANSEN NATURAL CORP.	COM	411310105	9,552	260,000	SH	SOLE
HARSCO CORP.	COM	415864107	10,977	310,000	SH	SOLE
HOSPIRA INC.	COM	441060100	12,711	285,000	SH	SOLE
ILLINOIS TOOL WORKS	COM	452308109	10,678	250,000	SH	SOLE
INTEL CORP.	COM	458140100	16,439	840,000	SH	SOLE
JOHNSON & JOHNSON	COM	478160104	15,527	255,000	SH	SOLE
JPMORGAN CHASE & CO.	COM	46625H100	18,624	425,000	SH	SOLE
LOWE'S COS INC.	COM	548661107	12,564	600,000	SH	SOLE
MASCO CORP.	COM	574599106	5,814	450,000	SH	SOLE
MCDONALD'S CORP.	COM	580135101	14,267	250,000	SH	SOLE
MDU RESOURCES GROUP, INC	COM	552690109	11,728	562,500	SH	SOLE
MEDTRONIC INC.	COM	585055106	12,880	350,000	SH	SOLE
MICROSOFT CORP.	COM	594918104	30,550	1,180,000	SH	SOLE
NEWELL RUBBERMAID INC.	COM	651229106	6,276	400,000	SH	SOLE
NORTHEAST UTILITIES	COM	664397106	8,309	350,000	SH	SOLE
NORTHWEST NATURAL GAS CO.	COM	667655104	8,332	200,000	SH	SOLE
ORACLE CORP.	COM	68389X105	22,924	1,100,000	SH	SOLE
OSHKOSH CORP.	COM	688239201	10,826	350,000	SH	SOLE
PEPSI CO. INC.	COM	713448108	21,118	360,000	SH	SOLE
PETROLEUM & RESOURCES CORP.	COM	716549100	50,864	2,186,774	SH	SOLE
PFIZER INC.	COM	717081103	16,467	995,000	SH	SOLE
PNC FINANCIAL SERVICES	COM	693475105	13,119	270,000	SH	SOLE
PROCTER & GAMBLE CO.	COM	742718109	18,245	315,000	SH	SOLE
PRUDENTIAL FINANCIAL INC.	COM	744320102	15,472	310,000	SH	SOLE
QUALCOMM INC.	COM	747525103	10,795	240,000	SH	SOLE
RYLAND GROUP INC.	COM	783764103	7,237	343,500	SH	SOLE
SAFEWAY, INC.	COM	786514208	7,691	390,000	SH	SOLE
SENOMYX INC.	COM	81724Q107	4,034	1,001,028	SH	SOLE
SPECTRA ENERGY CORP.	COM	847560109	5,791	305,780	SH	SOLE
SPIRIT AEROSYSTEMS	COM	848574109	13,003	720,000	SH	SOLE
STATE STREET CORP.	COM	857477103	12,098	230,000	SH	SOLE
TARGET CORP.	COM	87612E106	14,938	320,000	SH	SOLE
TATA MOTORS LTD.ADR	SPON ADR	876568502	12,960	1,000,000	SH	SOLE
TEVA PHARMACEUTICAL	ADR	881624209	16,685	330,000	SH	SOLE
TRANSOCEAN LTD	REG SHS	H8817H100	13,685	160,000	SH	SOLE
UNILEVER PLC ADR	SPON ADR NEW	904767704	22,944	800,000	SH	SOLE
UNITED TECHNOLOGIES	COM	913017109	18,279	300,000	SH	SOLE
UNITEDHEALTH GROUP INC.	COM	91324P102	2,504	100,000	SH	SOLE
VISA INC.	COM CL A	92826C839	13,131	190,000	SH	SOLE
WALT DISNEY CO.	COM	254687106	13,181	480,000	SH	SOLE
WELLS FARGO & Co.	COM	949746101	11,977	425,000	SH	SOLE
WGL HOLDINGS INC.	COM	92924F106	7,907	238,600	SH	SOLE
WYETH CO.	COM	983024100	15,789	325,000	SH	SOLE
ZIMMER HLDGS INC.	COM	98956P102	8,017	150,000	SH	SOLE
			960,849			























