### Edgar Filing: UNIFIRST CORP - Form 4

UNIFIRST Form 4									
January 21, <b>FORM</b>	ЛЛ								APPROVAL
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								N OMB Number:	3235-0287
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction									January 31, 2005 average urs per . 0.5
(Print or Type	Responses)								
1. Name and Address of Reporting Person <u>*</u> Cohen Phillip L			2. Issuer Name <b>and</b> Ticker or Trading Symbol UNIFIRST CORP [UNF]				5. Relationship of Reporting Person(s) to Issuer		
(Last) (First) (Middle) 68 JONSPIN ROAD			3. Date of Earliest Transaction (Month/Day/Year) 01/16/2015			(Check all applicable) <u></u> Director <u></u> 10% Owner <u></u> Officer (give title <u></u> 0ther (specify below)			
Filed(Month/Day/Year) App _X WILMINGTON MA 01887					Applicable Line) _X_ Form filed by	l or Joint/Group Filing(Check ine) ed by One Reporting Person sd by More than One Reporting			
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivati	ve Securities A	Acquired, Disposed	of, or Beneficia	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Day	d Date, if	3. Transactio Code (Instr. 8) Code V	4. Secu nAcquir Dispos (Instr.	rities ed (A) or ed of (D) 3, 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect
Reminder: Re	port on a separate lin	e for each cla	iss of sect	urities bene	Per info req dis	sons who re ormation con uired to resp	or indirectly. spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and Expiration	7. Title and Amou
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof	Date	Underlying Secur
Security	or Exercise		any	Code	Derivative	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Securities		

#### Edgar Filing: UNIFIRST CORP - Form 4

	Derivative Security				Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	An or Nu of Sha
Stock Appreciation Right (1)	\$ 118.76	01/16/2015	А		975		01/16/2015 <u>(1)</u>	01/16/2023 <u>(1)</u>	Common Stock (\$0.10 par value)	9

### **Reporting Owners**

<b>Reporting Owner Name / Address</b>	Relationships							
	Director	10% Owner	Officer	Other				
Cohen Phillip L 68 JONSPIN ROAD WILMINGTON, MA 01887	Х							
Signatures								
/s/ David Whitman, Attorney-in-Fact		01/21/2015						
**Signature of Reporting Person		Date						

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

This stock appreciation right is exercisable in full on the grant date (1/16/2015) and must be settled in stock at the time of exercise. This (1) grant has an expiration date of the earlier of January 16, 2023 or the second anniversary of the date that the grantee ceases to be a member

(1) grant has an expiration date of the earlier of January 16, 2023 or the second anniversary of the date that the grantee ceases to be a member of the Board of Directors.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.