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ALLIED CAPITAL CORP

Form 3 July 08, 2005

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number:

3235-0104

Expires:

January 31, 2005

0.5

Estimated average burden hours per

response...

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting 2. Date of Event Requiring 3. Issuer Name and Ticker or Trading Symbol Person * Statement ALLIED CAPITAL CORP [ALD] À DelDonna Christina Louise (Month/Day/Year) 07/01/2005 (Last) (First) (Middle) 4. Relationship of Reporting 5. If Amendment, Date Original Person(s) to Issuer Filed(Month/Day/Year) 1919 PENNSYLVANIA (Check all applicable) AVENUE, NW, 3RD FLOOR (Street) 6. Individual or Joint/Group 10% Owner Director _X__ Officer Other Filing(Check Applicable Line) (give title below) (specify below) _X_ Form filed by One Reporting Managing Director Person WASHINGTON, DCÂ 20006 Form filed by More than One Reporting Person (City) (State) (Zip) Table I - Non-Derivative Securities Beneficially Owned 4. Nature of Indirect Beneficial 1. Title of Security 2. Amount of Securities Beneficially Owned Ownership Ownership (Instr. 4) (Instr. 4) Form: (Instr. 5) Direct (D) or Indirect (I) (Instr. 5) Â Common Stock D 29,746 Common Stock 14,791 I by 401K Reminder: Report on a separate line for each class of securities beneficially SEC 1473 (7-02) owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

currently valid OMB control number.

1. Title of Derivative Security	2. Date Exercisable and	3. Title and Amount of	4.	5.	6. Nature of Indirect
(Instr. 4)	Expiration Date	Securities Underlying	Conversion	Ownership	Beneficial
	(Month/Day/Year)	Derivative Security	or Exercise	Form of	Ownership
		(Instr. 4)	Price of	Derivative	(Instr. 5)

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	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative Security	Security: Direct (D) or Indirect (I) (Instr. 5)	
Incentive Stock Option (right to buy)	(1)	12/30/2009	Common Stock	2,653	\$ 17.75	D	Â
Incentive Stock Option (right to buy)	(2)	12/08/2008	Common Stock	3,750	\$ 17.875	D	Â
Incentive Stock Option (right to buy)	(3)	12/13/2012	Common Stock	4,646	\$ 21.52	D	Â
Incentive Stock Option (right to buy)	(4)	07/22/2009	Common Stock	17,988	\$ 22	D	Â
Incentive Stock Option (right to buy)	(5)	03/11/2014	Common Stock	6,900	\$ 28.98	D	Â
Non-Qualified Stock Option (right to buy)	(6)	05/26/2010	Common Stock	54,815	\$ 16.813	D	Â
Non-Qualified Stock Option (right to buy)	(1)	12/30/2009	Common Stock	9,259	\$ 17.75	D	Â
Non-Qualified Stock Option (right to buy)	(7)	01/08/2008	Common Stock	53,182	\$ 21.375	D	Â
Non-Qualified Stock Option (right to buy)	(3)	12/13/2012	Common Stock	78,151	\$ 21.52	D	Â
Non-Qualified Stock Option (right to buy)	(8)	09/20/2011	Common Stock	50,554	\$ 21.59	D	Â
Non-Qualified Stock Option (right to buy)	(5)	03/11/2014	Common Stock	63,100	\$ 28.98	D	Â
Phantom Stock Units	(9)	(10)	Common Stock	14,819	\$ (11)	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
DelDonna Christina Louise					
1919 PENNSYLVANIA AVENUE, NW 3RD FLOOR	Â	Â	Managing Director	Â	
WASHINGTON, DC 20006					

Signatures

s/ Christina L.
DelDonna

**Signature of Reporting
Person

Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The December 30, 1999 grant vests in five annual installments commencing on grant date.
- (2) The December 8, 1998 grant vests in six annual installments commencing on grant date.
- (3) The December 13, 2002 grant vests over a three-year period, commencing on June 30, 2003.
- (4) The July 22, 1999 grant vests in six annual installments commencing on grant date.
- (5) The grant issued on March 11, 2004, vests in four installments on 6/30/04, 6/30/05, 6/30/06 and 6/30/07
- (6) The May 26, 2000 grant vests in three annual installments commencing one year from date of grant.
- (7) The January 8, 1998 grant vests in six annual installments commencing on grant date
- (8) The September 20, 2001 grant vests in three annual installments commencing one year from date of grant.
- (9) The phantom stock units were awarded under the Allied Capital Corporation Deferred Compensation Plan II and are fully vested.
- (10) Upon termination, phantom stock units will be distributed over a two year period or immediately upon a change in control.
- (11) Phantom Stock Units acquired have a 1 for 1 conversion.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.