ARC DOCUMENT SOLUTIONS, INC.

Form 4

March 21, 2014

FORM 4

Section 16.

Form 4 or

obligations

may continue.

See Instruction

Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to STATEMENT OF CHANGES IN B

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Roy Rahul K Issuer Symbol ARC DOCUMENT SOLUTIONS, (Check all applicable) INC. [ARC] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner Other (specify _X__ Officer (give title (Month/Day/Year) below) C/O ARC DOCUMENT 03/19/2014 Chief Technology Officer SOLUTIONS, INC., 1981 N. **BROADWAY, SUITE 385** (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person

WALNUT CREEK, CA 94596

(City)	(State)	Zip) Table	e I - Non-D	erivative	Secur	ities Acqu	uired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Form: Direct Beneficially (D) or Owned Indirect (I) Following (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
G.			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock							43,253	D	
Common Stock	03/19/2014		M	100	A	\$ 5.852	43,353	D	
Common Stock	03/19/2014		S	100	D	\$ 7.185	43,253	D	
Common Stock	03/19/2014		M	400	A	\$ 5.852	43,653	D	
	03/19/2014		S	400	D	\$ 7.19	43,253	D	

OMB APPROVAL

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Form filed by More than One Reporting

Person

Common Stock							
Common Stock	03/19/2014	M	100	A	\$ 5.852	43,353	D
Common Stock	03/19/2014	S	100	D	\$ 7.195	43,253	D
Common Stock	03/19/2014	M	100	A	\$ 5.852	43,353	D
Common Stock	03/19/2014	S	100	D	\$ 7.2	43,253	D
Common Stock	03/19/2014	M	1,400	A	\$ 5.852	44,653	D
Common Stock	03/19/2014	S	1,400	D	\$ 7.21	43,253	D
Common Stock	03/19/2014	M	300	A	\$ 5.852	43,553	D
Common Stock	03/19/2014	S	300	D	\$ 7.215	43,253	D
Common Stock	03/19/2014	M	600	A	\$ 5.852	43,853	D
Common Stock	03/19/2014	S	600	D	\$ 7.22	43,253	D
Common Stock	03/19/2014	M	300	A	\$ 5.852	43,553	D
Common Stock	03/19/2014	S	300	D	\$ 7.225	43,253	D
Common Stock	03/19/2014	M	780	A	\$ 5.852	44,033	D
Common Stock	03/19/2014	S	780	D	\$ 7.23	43,253	D
Common Stock	03/19/2014	M	849	A	\$ 5.852	44,102	D
Common Stock	03/19/2014	S	849	D	\$ 7.24	43,253	D
Common Stock	03/19/2014	M	200	A	\$ 5.852	43,453	D
Common Stock	03/19/2014	S	200	D	\$ 7.245	43,253	D
Common Stock	03/19/2014	M	1,467	A	\$ 5.852	44,720	D
	03/19/2014	S	1,467	D	\$ 7.25	43,253	D

Edgar Filing: ARC DOCUMENT SOLUTIONS, INC. - Form 4

Common Stock							
Common Stock	03/19/2014	M	800	A	\$ 5.852	44,053	D
Common Stock	03/19/2014	S	800	D	\$ 7.26	43,253	D
Common Stock	03/19/2014	M	400	A	\$ 5.852	43,653	D
Common Stock	03/19/2014	S	400	D	\$ 7.265	43,253	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 5.852	03/19/2014		X		100	05/01/2010(1)	04/30/2014	Common Stock	100
Stock Option (right to buy)	\$ 5.852	03/19/2014		X		400	05/01/2010(1)	04/30/2014	Common Stock	400
Stock Option (right to buy)	\$ 5.852	03/19/2014		X		100	05/01/2010(1)	04/30/2014	Common Stock	100
Stock Option	\$ 5.852	03/19/2014		X		100	05/01/2010(1)	04/30/2014	Common Stock	100

Edgar Filing: ARC DOCUMENT SOLUTIONS, INC. - Form 4

(right to buy)								
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	1,400	05/01/2010(1)	04/30/2014	Common Stock	1,400
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	300	05/01/2010(1)	04/30/2014	Common Stock	300
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	600	05/01/2010(1)	04/30/2014	Common Stock	600
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	300	05/01/2010(1)	04/30/2014	Common Stock	300
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	780	05/01/2010(1)	04/30/2014	Common Stock	780
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	849	05/01/2010(1)	04/30/2014	Common Stock	849
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	200	05/01/2010(1)	04/30/2014	Common Stock	200
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	1,467	05/01/2010(1)	04/30/2014	Common Stock	1,467
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	800	05/01/2010(1)	04/30/2014	Common Stock	800
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	400	05/01/2010(1)	04/30/2014	Common Stock	400

Edgar Filing: ARC DOCUMENT SOLUTIONS, INC. - Form 4

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Roy Rahul K C/O ARC DOCUMENT SOLUTIONS, INC. 1981 N. BROADWAY, SUITE 385 WALNUT CREEK, CA 94596

Chief Technology Officer

Signatures

/s/ Rahul K. Roy 03/20/2014

**Signature of Person

Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of Stock Option Right to Buy, granted May 30, 2004, fully vested as of 5/01/2010.

Remarks:

3/19/2014 - FORM B

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 5