## Edgar Filing: NATURAL HEALTH TRENDS CORP - Form 4

NATURAL H Form 4 June 18, 2008	HEALTH TREN	DS COR	Р									
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									OMB APPROVAL			
- UNITED STATES SEC				ECURITIES AND EXCHANGE COM Washington, D.C. 20549					OMB Number:	3235-0287		
Check this box if no longer subject to STATEMENT OF CHA				HANGES IN BENEFICIAL OWNERSHIP O					Expires: January 3 200 Estimated average			
Section 10 Form 4 or Form 5 obligation may conti <i>See</i> Instru 1(b).	Filed pur s Section 17(a	a) of the		ility Hold	e Securiti ling Com	pany	Act o	ge Act of 1934, f 1935 or Sectio 40	burden hou response			
(Print or Type R	esponses)											
1. Name and Ad Zuckut Stefa	2. Issuer Name <b>and</b> Ticker or Trading Symbol NATURAL HEALTH TRENDS CORP [BHIP]				-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
(Last) C/O NATUF CORP., 2050	<ul><li>3. Date of Earliest Transaction</li><li>(Month/Day/Year)</li><li>06/16/2008</li></ul>					X_ Director 10% Owner Officer (give title Other (specify below) below)						
				If Amendment, Date Original led(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person				
DALLAS, T	X 75234							Form filed by N Person	More than One R	eporting		
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)		ion Date 2A. Deemed y/Year) Execution Date, if any (Month/Day/Year)		(Instr. 8) (Instr. 3, 4 and 5) (A)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	06/16/2008			S	2,187 (1)	D	\$ 1	51,563	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	;	ate	Unde Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Zuckut Stefan C/O NATURAL HEALTH TRENDS CORP. 2050 DIPLOMAT DRIVE DALLAS, TX 75234	Х						
Signatures							
/s/ Gary C. Wallace by Power of Attorney	06/18/2008						
**Signature of Reporting Person	Date						

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were sold pursuant to a Rule 10b5-1(c) sales plan dated June 5, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.