

ISGUR LEE S  
Form 4  
March 17, 2011

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
ISGUR LEE S

(Last) (First) (Middle)

ONE CEDAR LANE

(Street)

WOODSIDE, CA 94062

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
EDIETS COM INC [DIET]

3. Date of Earliest Transaction  
(Month/Day/Year)  
03/15/2011

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock				(A) or (D) Price	805,699	D	
Common Stock				(A) or (D) Price	2,000	I	By Gilbert Isgur Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)				
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount Number Shares	
Stock Options (right to buy)	\$ 3.22							<u>(1)</u>	10/03/2011	Common Stock	37,500	
Stock Options (right to buy)	\$ 3.79							<u>(1)</u>	04/02/2012	Common Stock	49,080	
Stock Options (right to buy)	\$ 6.03							<u>(1)</u>	01/02/2013	Common Stock	33,180	
Stock Options (right to buy)	\$ 3.37							<u>(1)</u>	01/02/2014	Common Stock	59,380	
Stock Options (right to buy)	\$ 2.81							<u>(1)</u>	07/15/2014	Common Stock	12,500	
Stock Options (right to buy)	\$ 2.96							<u>(1)</u>	07/19/2014	Common Stock	12,500	
Stock Options (right to buy)	\$ 4.32							<u>(1)</u>	01/02/2015	Common Stock	12,500	
Stock Options (right to buy)	\$ 0.9438							<u>(2)</u>	06/24/2019	Common Stock	25,000	
Warrants	\$ 1.2								07/15/2009	07/15/2019	Common Stock	45,000
Stock Options (right to buy)	\$ 0.985							<u>(1)</u>	07/28/2019	Common Stock	7,714	

buy)

Warrants	\$ 1.2				09/11/2009	09/11/2019	Common Stock	42,45
Stock Options (right to buy)	\$ 1.53				(3)	11/19/2019	Common Stock	25,00
Stock Options (right to buy)	\$ 1.39				(1)	01/04/2020	Common Stock	110,60
Stock Options (right to buy)	\$ 1				(4)	08/23/2020	Common Stock	25,00
Warrants	\$ 0.3535				02/07/2011	02/07/2014	Common Stock	121,21
Stock Options (right to buy)	\$ 0.57	03/15/2011	A	200,000	(5)	03/15/2021	Common Stock	200,00

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
ISGUR LEE S ONE CEDAR LANE WOODSIDE, CA 94062		X		

## Signatures

/s/ Lee S. Isgur                      03/15/2011

\*\*Signature of                      Date  
Reporting Person

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These options are immediately exercisable.
- (2) Exercisable according to the following vesting schedule: 8,250 beginning on June 24, 2010; 8,250 beginning on June 24, 2011 and 8,500 beginning on June 24, 2012.
- (3) Exercisable according to the following vesting schedule: 8,250 beginning on November 19, 2010; 8,250 beginning on November 19, 2011 and 8,500 beginning on November 19, 2012.
- (4) Exercisable according to the following vesting schedule: 8,250 beginning on August 23, 2011; 8,250 beginning on August 23, 2012 and 8,500 beginning on August 23, 2013.

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- (5) Exercisable according to the following vesting schedule: 100,000 beginning on May 3, 2011; 50,000 beginning on July 1, 2011 and 50,000 beginning on October 1, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.