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Handel Joel M Form 4 June 10, 2010								PPROVAL		
Check this box		ATTIES AND EXCHANGE COMMIS Shington, D.C. 20549				OMB Number:	3235-0287			
if no longer subject to Section 16. Form 4 or	CHANGES IN SECUR	ITIES				Expires: Estimated a burden hou response	urs per			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type Responses)										
1. Name and Address of Reporting Person2. IssuerHandel Joel MSymbol			er Name and Ticker or Trading			5. Relationship of Reporting Person(s) to Issuer				
	ARROLS RESTAURANT ROUP, INC. [TAST]				(Check all applicable)					
(Last)(First)(Middle)3. Date of (Month/DaTHELEN REID BROWN06/09/20RAYSMAN & STEINER LP, 900THIRD AVENUE			ansaction			Officer (give title 10% Owner Officer (give title Other (specify below)				
(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person					
NEW YORK, NY 10022						Form filed by Person	More than One Ro	eporting		
(City) (State)	(Zip)	Table I - Non-D	erivative S	Securit	ies Ace	quired, Disposed o	of, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)2. Transaction (Month/Day/Y)	nsaction Date 2A. Deemed h/Day/Year) Execution Date, if any (Month/Day/Year)		3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A)			SecuritiesFBeneficially(OwnedI	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common		Code V	Amount	or	Price	(Instr. 3 and 4)				
Stock, \$.01 par value per share		А	4,826	A (1)	\$ 0 (1)	11,526	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Tit Amou Under Secur (Instr	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationships					
		Director	10% Owner	Officer	Other		
Handel Joel M FHELEN REID BROWN RAYSMAN & STEINER LP 900 THIRD AVENUE NEW YORK, NY 10022		х					
Signatures							
/s/ Joel Handel	06/10/2010						
<u>**</u> Signature of Reporting Person	Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The Shares were granted to the Reporting Person pursuant to the Issuer's 2006 Stock Incentive Plan and are subject to restrictions on transfer. The stock award reported herein shall vest and the restrictions shall lapse as follows: 50% of the Shares reported on June 9, 2011

(1) and the remaining 50% on June 9, 2012, provided that the Reporting Person has continuously remained a director of the Issuer. Any unvested shares underlying the stock award reported herein will be immediately forfeited upon the Reporting Person ceasing to be a director. The stock award reported herein is not transferable unless vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.