LAKELAND INDUSTRIES INC

Form 4

Stock, par value \$.01

September 23, 2016

September 2	25, 2010										
FORM	14	~			~			OMB AP	PROVAL		
	CNITED	STATES SE		RITIES AND EXCHANGE COMMISSION shington, D.C. 20549					3235-0287		
Check the if no long								Expires:	January 31,		
subject to Section 1 Form 4 c	51A1EM 16.	ENT OF C	F CHANGES IN BENEFICIAL OWN SECURITIES				NERSHIP OF	Estimated average burden hours per response 0.5			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
1. Name and A McAteer Th	Issuer Name and				5. Relationship of Reporting Person(s) to Issuer						
	KELAND IN AKE]	DUSTR:	IES II	NC	(Check all applicable)						
			Date of Earliest Tronth/Day/Year)	e of Earliest Transaction h/Day/Year)				X Director 10% Owner Officer (give title Other (specify			
3555 VETERANS MEM. HWY, 09/16/2016 SUITE C											
	(Street)	f Amendment, Da ed(Month/Day/Year	_	ıl		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
RONKONK	KOMA, NY 11779)					Form filed by Me Person				
(City)	(State)	(Zip)	Table I - Non-I	Derivative	Secur	rities Acqu	iired, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Dat any (Month/Day/Y	Code (Year) (Instr. 8)	4. Securi or(A) or Di (Instr. 3,	sposed	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock, par value \$.01 per share	09/16/2016		M	5,000 (1)	A	\$ 8.28	61,326	D			
Common Stock, par value \$.01 per share	09/21/2016		D	4,881	D	\$ 10.1	56,445	D			
Common	09/21/2016		D	800	D	\$ 10.11	55,645	D			

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per share						
Common Stock, par value \$.01 per share	09/21/2016	D	175	D	\$ 10.12 55,470	D
Common Stock, par value \$.01 per share	09/21/2016	D	521	D	\$ 10.13 54,949	D
Common Stock, par value \$.01 per share	09/21/2016	D	310	D	\$ 10.136 54,639	D
Common Stock, par value \$.01 per share	09/21/2016	D	500	D	\$ 10.15 54,139	D
Common Stock, par value \$.01 per share	09/21/2016	D	200	D	\$ 10.16 53,939	D
Common Stock, par value \$.01 per share	09/21/2016	D	111	D	\$ 10.17 53,828	D
Common Stock, par value \$.01 per share	09/21/2016	D	300	D	\$ 10.18 53,528	D
Common Stock, par value \$.01 per share	09/21/2016	D	1,500	D	\$ 10.181 52,028	D
Common Stock, par value \$.01 per share	09/21/2016	D	200	D	\$ 10.85 51,828	D
Common Stock, par value \$.01 per share	09/21/2016	D	100	D	\$ 10.19 51,728	D
Common Stock, par value \$.01 per share	09/21/2016	D	290	D	\$ 10.192 51,438	D

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Common Stock, par value \$.01 per share	09/21/2016	D	400	D	\$ 10.2	51,038	D
Common Stock, par value \$.01 per share	09/22/2016	D	500	D	\$ 10.1	50,538	D
Common Stock, par value \$.01 per share	09/22/2016	D	100	D	\$ 10.145	50,438	D
Common Stock, par value \$.01 per share	09/22/2016	D	336	D	\$ 10.15	50,102	D
Common Stock, par value \$.01 per share	09/22/2016	D	100	D	\$ 10.16	50,002	D
Common Stock, par value \$.01 per share	09/22/2016	D	800	D	\$ 10.17	49,202	D
Common Stock, par value \$.01 per share	09/22/2016	D	420	D	\$ 10.18	48,782	D
Common Stock, par value \$.01 per share	09/22/2016	D	100	D	\$ 10.19	48,682	D
Common Stock, par value \$.01 per share	09/22/2016	D	200	D	\$ 10.195	48,482	D
Common Stock, par value \$.01 per share	09/22/2016	D	1,800	D	\$ 10.2	46,682	D
Common Stock, par value \$.01 per share	09/22/2016	D	100	D	\$ 10.21	46,582	D
	09/22/2016	D	200	D	\$ 10.22	46,382	D

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Common Stock, par value \$.01 per share

Common

Stock, par value \$.01 09/22/2016

/22/2016 D 56

D 56 D \$10.23 46,326

per share

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if			6. Date Exercisable and Expiration Date		7. Title and Amount of Underlying Securities		
Security	or Exercise	(· · · · · · · · · · · · · · · · · · ·	any				(Month/Day/Year)		(Instr. 3 and 4)	
(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		, ,	,		,	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (Right to	\$ 8.28	09/16/2016		M	5,000	08/24/2011	02/24/2017	Common Stock	5,000	

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

McAteer Thomas J 3555 VETERANS MEM. HWY, SUITE C X RONKONKOMA, NY 11779

Signatures

Buy)

/s/ Thomas 09/23/2016 McAteer

Date

Reporting Owners 4

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents 5,000 shares acquired as a result of Reporting Person's exercise of a stock option awarded on February 24, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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