CANARC RESOURCE CORP Form 6-K August 06, 2010

#### FORM 6-K

# SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

Report of Foreign Issuer

Pursuant to rule 13a-16 or 15d-16 of

The Securities Exchange Act of 1934

#### CANARC RESOURCE CORP.

800, 850 West Hastings Street, Vancouver, British Columbia, V6C 1E1

#### **EXHIBIT LIST**

99.1	Consolidated Financial Statements for the Six Months ended June 30, 2010
99.2 99.3	Management Discussion and Analysis for the Six Months ended June 30, 2010 Form 52-109F2 Certification of Interim Filings - Chief Executive Officer
99.4	Form 52-109F2 Certification of Interim Filings - Chief Financial Officer

### **SIGNATURES**

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Pursuant to the requirements of the Securities Exchang	e Act of 1934,	the registrant l	nas duly ca	used this re	port to be
signed on its behalf by the undersigned, thereunto duly	authorized.				

Canarc Resource Corp.				
(Registrant)				
Date: August 6, 2010				
/s/ Bradford Cooke				
Bradford Cooke				
Chief Executive Officer				