MURPHY DIANA M Form 4

July 26, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

See Instruction

MURPHY DIANA M			Symbol					Issuer			
			LANDSTAR SYSTEM INC [LSTR]					(Check all applicable)			
(Last)	(First)	Middle)	3. Date of Earliest Transaction					(
13410 SUTTON PARK DRIVE			(Month/Day/Year)					X Director 10% Owner Officer (give title Other (specify			
SOUTH SOUTH PARK DRIVE			07/22/2010					below) below)			
(Street)			4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
	· · · · · · · · · · · · · · · · · · ·					Applicable Line) _X_Form filed by One Reporting Person					
JACKSONVILLE, FL 32224							_	Form filed by More than One Reporting			
JACKSOIV IEEE, I E 32224				1				Person			
(City)	(State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									ly Owned	
1.Title of 2. Transaction Date 2A. D. Security (Month/Day/Year) Execu			ned 3. 4. Securities Acquir n Date, if Transaction Disposed of (D)					5. Amount of Securities	6. Ownership	7. Nature of Indirect	
(Instr. 3)		any		Code (Instr. 3, 4 and 5)				Beneficially	Beneficial		
		(Month/D	ay/Year) (Instr. 8)				Owned Following	Direct (D) or Indirect	Ownership (Instr. 4)		
						(A)		Reported	(I)	(
						or		Transaction(s) (Instr. 3 and 4)	(Instr. 4)		
C				Code V	Amount	(D)	Price	(msu. 5 and 4)			
Common Stock	07/22/2010			M	36,000	A	\$ 8.0788	84,977	D		
Common Stock	07/22/2010			F	7,251 (1)	D	\$ 40.11	77,726	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	ansactionDerivative ode Securities		6. Date Exerc Expiration D (Month/Day/	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		()
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (Right to Buy)	\$ 8.0788	07/22/2010		M		36,000	(2)	05/17/2011	Common Stock	36,000	

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

MURPHY DIANA M 13410 SUTTON PARK DRIVE SOUTH X JACKSONVILLE, FL 32224

Signatures

/s/ L. Kevin Stout, attorney-in-fact 07/26/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares withheld to pay the exercise price.
- (2) Options became exercisable as to 12,000 on 5/17/2003 and 24,000 on 5/17/2002.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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