Pappajohn Steve
Form 4
December 13, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *
Pappajohn Steve

(Last) (First) (Middle)

21514 SE 254TH PLACE

(Street)

MAPLE VALLEY, WA 98038

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading Symbol
TORRENT ENERGY CORP [TREN]

3. Date of Earliest Transaction (Month/Day/Year)
12/01/2005

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

_____ Director _____ 10% Owner
_____ Officer (give title below) __X__ Other (specify below)
Director/Pres of Subsidiary

6. Individual or Joint/Group Filing(Check Applicable Line)
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common	12/01/2005		S		3,000	D	$ 1.92	447,000	I	GeoTrends-Hampton International LLC (1)
Common	12/01/2005		S		500	D	$ 1.93	446,500	D	
Common	12/01/2005		S		500	D	$ 1.95	446,000	D	
Common	12/01/2005		S		1,000	D	$ 1.97	445,000	D	
Common	12/01/2005		S		2,500	D	$ 1.91	442,500	D	

Common	12/01/2005	S	1,000	D	$ 1.9	441,500	D
Common	12/01/2005	S	1,500	D	$ 1.92	440,000	D
Common	12/01/2005	S	3,500	D	$ 1.94	436,500	D
Common	12/01/2005	S	500	D	$ 1.95	436,000	D
Common	12/01/2005	S	1,000	D	$ 1.96	435,000	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock options	$ 0.5							08/03/2004(2)	08/03/2009	Common	45,000
Stock options	$ 1.25							04/01/2005(3)	04/01/2010	Common	200,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Pappajohn Steve 21514 SE 254TH PLACE MAPLE VALLEY, WA 98038				Director/Pres of Subsidiary

Signatures

/s/ Steve Pappajohn	12/13/2005
**Signature of Reporting Person	Date

Explanation of Responses:

***** If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Mr. Pappajohn owns 50% of GeoTrends-Hampton International LLC. On August 5, 2005, GeoTrends Hampton International LLC transferred 450,000 common shares into the personal name of Steve Pappajohn.

(2) The options vest as to 25% on the date of grant and 25% every six months so that all options are vested by December 31, 2005.

(3) The options vest as to 25% on the date of grant and 25% every six months so that all options are vested by September 17, 2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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